

Li censed to Val ley Roy als Track & Fi eld Cl ub

HY-TEK' s Meet Manager 10/26/2013 05: 26 PM

2013 BC Cross Country Champi onshi ps – 10/26/2013

Cl earbrook Park, Abbotsford, BC, Canada

Resul ts

Gi rls 13 3000 Meter Run

Name	Age	Team	Fi nal s	Poi nts
Resul ts – Women 13 Year Ol ds				
1	173	O' Nei ll , Taryn	13 Okanagan Ath	10: 17. 26
2	89	Hei sterman, Madi so	13 Nanai mo & DI	10: 30. 93
3	215	Fetherstonhaugh, G	13 Royal Ci ty T	10: 35. 78
4	138	Ri bei ro, Hal ey	13 Ocean	11: 07. 46
5	409	Cal verley, Josephi	13 Val ley Royal	11: 23. 07
6	474	Marshall , Makena	13 Vancouver TH	11: 27. 95
7	78	Wel tzi n, Kayl a	13 Langl ey Must	11: 45. 32
8	33	Morl ey, Emi ly	13 Gol den Ears	11: 50. 00
9	328	Mah, Sarah Jane	13 Unattached	11: 55. 09
10	471	Fj ell , Meghan	13 Vancouver TH	11: 56. 46
11	92	Stewart, Hope	13 Nanai mo & DI	11: 57. 81
12	216	Forgi e, Sarah	13 Royal Ci ty T	12: 06. 66
13	329	Marsh, Kl ara	13 Unattached	12: 14. 73
14	3	Lebl anc, Aly	13 Chi lli wack T	12: 25. 72
15	414	Gi ll , Gurl een	13 Val ley Royal	12: 41. 59
16	337	Wease, Ki ahanna	13 Unattached	12: 51. 90
17	32	McNei l , Kayl ei gh	13 Gol den Ears	13: 00. 44
18	327	Lori mer, Mi kayl a	13 Unattached	13: 26. 67
19	420	McDi vi tt, Isabel la	13 Val ley Royal	13: 43. 62
20	501	Purewal -Macl achan,	13 Fraser Acade	13: 48. 79
21	496	Koch, Jodi	13 Fraser Acade	14: 14. 23
22	415	Janzen, Ni kki	13 Val ley Royal	14: 47. 25
23	52	Rosser, Mya	13 Kaj aks Track	15: 22. 97

Gi rls 14 3000 Meter Run

Name	Age	Team	Fi nal s	Poi nts
Resul ts – Women 14 Year Ol ds				
1	491	Benni son, Hannah	14 Vernon Amate	10: 12. 52
2	338	Willett, Ol i vi a	14 Unattached	10: 23. 93
3	29	Hennessey, Jami e	14 Gol den Ears	10: 42. 39
4	141	Steer, Dani elle	14 Ocean	10: 56. 93
5	214	Chil ton, Emi ly	14 Royal Ci ty T	11: 09. 60
6	375	Lapoi nte, Annel ise	14 Unattached B	11: 14. 74
7	323	Dekl eer, Luci a	14 Unattached	11: 25. 03
8	179	Marti nusen, Christ	14 Paci fi c Athl	11: 33. 29
9	125	Good, Carly	14 Ocean	11: 41. 32
10	5	Sokol owski , Kate	14 Chi lli wack T	11: 49. 80
11	209	Hil l , Ol i vi a	14 Ri ver Ci ty E	11: 52. 66
12	406	Bako, Jensen Rose	14 Val ley Royal	11: 59. 12
13	139	Sei del mann, Li sa	14 Ocean	12: 31. 14
14	50	Brodi e, Bai l ey	14 Kaj aks Track	12: 49. 63
15	37	O' Dwyer, Si nead	14 Gol den Ears	14: 07. 65

Gi rls 15 3000 Meter Run

Name	Age	Team	Fi nal s	Poi nts
Resul ts – Women 15 Year Ol ds				
1	382	Si m, Glyni s	15 Unattached B	9: 59. 05
2	62	Fi tzgerald, Kendal	15 Kamloops Tra	10: 04. 51
3	469	Charlton, Calli	15 Vancouver TH	10: 26. 50
4	90	Morri s, Amy	15 Nanai mo & DI	10: 36. 78

5	38	Tinkham, Mikayla	15	Golden Ears	10:45.04
6	1	Louie, Natasha	15	Burnaby Stri	12:01.35
7	117	Boparai, Jol denjee	15	Ocean	12:18.49
8	320	Brougham, Katie	15	Unattached	12:29.44
9	55	Ryder, Eva	15	Kajaks Track	12:36.76
10	240	Chow, Cheryl	15	South Fraser	12:55.47
11	53	Rosser, Olivia	15	Kajaks Track	13:25.02
12	128	Klymchuk, Samantha	15	Ocean	13:57.96

Girls 16-17 4k Run CC

Name	Age	Team	Finals	Points	
Results - Women 16-17					
1	318	Blundell, Tara	17	Unattached	16:04.04
2	172	Laternus, Cassie	16	Okanagan Ath	16:39.05
3	4	Leblanc, Caitlin	16	Chilliwack T	17:01.42
4	410	Chapman, Delaney	16	Valley Royal	17:04.85
5	119	Brown, Fiona	16	Ocean	17:08.85
6	454	Cho, Stephanie	16	Vancouver OL	17:24.81
7	106	Laktionova, Anna	17	Norwesters T	17:32.64
8	417	Johnson, Erica	16	Valley Royal	17:45.24
9	317	Blomberg, Maia	17	Unattached	18:36.71
10	513	Boothroyd, Alexand	16	Vancouver OL	18:50.93
11	319	Brougham, Callie	17	Unattached	19:08.82
12	54	Rudakov, Anita	16	Kajaks Track	20:11.86
13	422	Palmer, Katrina	16	Valley Royal	22:07.83

Girls 16-19 5k Run CC

Name	Age	Team	Finals	Points	
Results - Women 16-19					
1	287	Yee, Regan	18	Trinity West	17:43.90
2	170	Bassett, Mi ryam	17	Oceanside TR	17:52.82
3	399	Gellner, Savannah	18	Uvic Track C	17:54.07
4	171	Fagan, Veronika	16	Okanagan Ath	18:03.61
5	400	King, Brittany	18	Uvic Track C	18:10.89
6	425	Ross, Sarya	17	Valley Royal	18:20.56
7	423	Pilgrim, Callum	16	Valley Royal	18:48.78
8	282	Harradine, Meg	19	Trinity West	19:28.07
9	384	Townsend, Dana	18	Unattached B	20:29.33
10	326	Lennea, Kayla	19	Unattached	20:58.06
11	286	Wood, Amy	19	Trinity West	21:03.87

Women 20+ 6k Run CC

Name	Age	Team	Finals	Points		
Results - Women 20+						
1	470	Cliff, Rachel	25	Vancouver TH	20:58.21	
2	184	Wilkie, Sabrina	28	Point Grey T	21:10.43	
3	284	Jackson, Alison	25	Trinity West	21:15.35	
4	192	Burrett, Erin	32	Prairie Inn	21:31.19	
5	283	Inglis, Sarah	22	Trinity West	21:47.45	
6	512	Brooking, Lisa	26	Unattached B	22:08.34	
7	281	Benson, Fiona	21	Trinity West	22:39.66	
8	411	Crofts, Helen	23	Valley Royal	22:58.40	
9	183	Moroz, Jen	28	Point Grey T	23:02.24	
10	301	Kilmartin, Sandra	20	Ubc Okanagan	23:06.26	1
11	334	Stubbs, Ceilidh	22	Unattached	23:11.29	
12	374	Kallos, Alecia	23	Unattached B	23:13.03	
13	194	Therrien, Brittany	23	Prairie Inn	23:34.54	
14	299	Blackburne, Michel	19	Ubc Okanagan	23:44.95	2
15	449	Smart, Kristin	29	Vancouver FA	24:09.28	

16	307	Stockton, Al ea	19	Ubc Okanagan	24: 46. 97	3
17	302	Merino, Anna	20	Ubc Okanagan	24: 58. 60	4
18	265	Miller, Alesha	21	Thompson Ri vers	25: 10. 35	5
19	306	Seasons, Kendal l	18	Ubc Okanagan	25: 18. 42	6
20	182	Mackey, Noreen	25	Point Grey T	25: 25. 78	
21	285	Ramage, Katel ynn	20	Tri nity West	25: 27. 25	
22	303	Metro, Tri sha-Lee	30	Ubc Okanagan	25: 28. 53	7
23	305	Neudorf, Juli ana	18	Ubc Okanagan	25: 47. 69	8
24	259	Brown, Faryn	20	Thompson Ri vers	26: 14. 80	9
25	304	Millard, Emi ly	20	Ubc Okanagan	26: 52. 84	
26	262	Debruyn, Rol ena	23	Thompson Ri vers	27: 33. 24	10
27	268	Ryeo, Mel issa	23	Thompson Ri vers	28: 17. 57	11
28	261	Crawley, Megan	25	Thompson Ri vers	28: 55. 54	12
29	448	Luo, Lerly	22	Vancouver FA	29: 05. 53	
30	266	Miller, Christi a	21	Thompson Ri vers	29: 17. 14	13
31	258	Adams, Ti ffany	23	Thompson Ri vers	29: 31. 13	14
32	298	Bentley, Breanna	19	Ubc Okanagan	29: 38. 52	
33	272	Townend, Emi ly	21	Thompson Ri vers	29: 59. 52	
34	269	Schmidt, Kendra	18	Thompson Ri vers	31: 00. 13	
35	270	Schmidt, Lynsi e	22	Thompson Ri vers	31: 16. 06	
36	260	Carmi chael, Kristi	19	Thompson Ri vers	32: 01. 95	
37	263	Forseille, Chantel	21	Thompson Ri vers	32: 02. 83	
38	264	Hiscoe, Jacky	20	Thompson Ri vers	32: 03. 25	
39	267	Revel, Jenni fer	47	Thompson Ri vers	39: 13. 09	

Boys 13 3000 Meter Run

Name	Age	Team	Fi nal s	Poi nts		
=====						
Resul ts – Men 13 Year Ol ds						
1	395	Ney, Josi ah	13	Unattached B	9: 44. 91	
2	480	Fisher, Paul	13	Vancouver TH	10: 08. 21	
3	81	Schmidt, Jordan	13	Langley Must	10: 08. 36	
4	44	Roberts, Graeme	13	Golden Ears	10: 13. 11	
5	79	Foster, Ethan	13	Langley Must	10: 25. 03	
6	397	Taylor, Vaughn	13	Unattached B	10: 33. 86	
7	43	Kerschbaum, Ni ck	13	Golden Ears	10: 42. 84	
8	205	Barber, Mi chael	13	Prairie Inn	10: 42. 94	
9	484	Mackenzie, Cal um	13	Vancouver TH	10: 46. 35	
10	40	Deakin, Cole	13	Golden Ears	11: 31. 13	
11	19	Parmar, Rajeev	13	Coqui tlam CH	11: 37. 82	
12	222	Dadson, Emmanuel	13	Royal Ci ty T	11: 49. 89	
13	223	Hunter, Ian	13	Royal Ci ty T	11: 55. 89	
14	446	Rai, Jaskarn Si ngh	13	Val ley Royal	12: 03. 02	
15	442	McKay, Tyl er	13	Val ley Royal	12: 05. 84	
16	497	Dewar, Hal e	13	Fraser Acade	12: 42. 01	

Boys 14 3000 Meter Run

Name	Age	Team	Fi nal s	Poi nts		
=====						
Resul ts – Men 14 Year Ol ds						
1	39	Butler, Ryan	14	Golden Ears	9: 30. 95	
2	487	Pelayo Mazzone, Ro	14	Vancouver TH	9: 32. 42	1
3	165	Ribeiro, Dawson	14	Ocean	9: 48. 08	
4	482	Harri s, Mi chael	14	Vancouver TH	9: 53. 24	2
5	466	Nobbs, Thomas	14	Vancouver OL	9: 57. 54	
6	439	Kul ar, Devon	14	Val ley Royal	10: 04. 39	
7	430	Bingert, Li am	14	Val ley Royal	10: 06. 33	
8	483	Jang, Ol i ver	14	Vancouver TH	10: 19. 70	3
9	58	Loewen, Samuel	14	Kaj aks Track	10: 20. 72	
10	486	Paetzel, Ben	14	Vancouver TH	10: 27. 77	4
11	46	Ross, Al exander	14	Golden Ears	10: 29. 85	
12	488	Savage, Lynden	14	Vancouver TH	10: 31. 23	5
13	57	Loewen, Nathan	14	Kaj aks Track	10: 33. 16	

14	347	Durrant, Evan	14	Unattached	10: 57. 51
15	362	Morgan, Rees	14	Unattached	11: 27. 36
16	498	Jones, Logan	14	Fraser Acade	12: 00. 28
17	503	Van Eeuwen, Matt	14	Fraser Acade	12: 13. 81
18	433	Davis, Nathaniel	14	Valley Royal	12: 36. 66

Boys 15 3000 Meter Run

Name	Age	Team	Finals	Points	
Results – Men 15 Year Olds					
1	163	Milic, Michael	15	Ocean	8: 56. 73
2	174	Bergman, Sean	15	Okanagan Ath	9: 06. 42
3	18	Kozelj, Joshua	15	Coquitlam CH	9: 18. 36
4	114	McGovern, Dakota	15	Norwesters T	9: 18. 56
5	485	Marshall, Brodie	15	Vancouver TH	9: 21. 20
6	94	Bailey, Josh	15	Nanaimo & DI	9: 22. 35
7	176	Hughes-Geekie, Dav	15	Okanagan Ath	9: 25. 53
8	96	Higgins, Carter	15	Nanaimo & DI	9: 25. 92
9	436	Geary, Tanner	15	Valley Royal	9: 44. 02
10	167	Silvester-Lee, Jac	15	Ocean	9: 52. 97
11	42	Ibbitt, Ryan	15	Golden Ears	10: 35. 71
12	45	Roberts, Trevor	15	Golden Ears	10: 45. 56
13	351	Jaffey, Matthew	12	Unattached	10: 55. 35

Boys 16-17 5k Run CC

Name	Age	Team	Finals	Points	
Results – Men 16-17					
1	346	Doherty, Rowan	16	Unattached	15: 55. 06
2	97	Miller, Sean	17	Nanaimo & DI	15: 59. 84
3	152	Figueroa, Brandon	17	Ocean	16: 25. 70
4	162	McKay, Liam	17	Ocean	16: 35. 73
5	429	Bingert, Aidan	16	Valley Royal	16: 48. 28
6	177	Murray, Adam	16	Okanagan Ath	16: 51. 07
7	443	Mitchell, Peter	17	Valley Royal	17: 00. 16
8	490	Trummer, Max	17	Vancouver TH	17: 48. 93
9	464	Makaroff, Leal	16	Vancouver OL	18: 16. 78
10	428	Adhemar, Joshua	16	Valley Royal	18: 43. 45
11	500	Morley-Senklar, Be	17	Fraser Acade	18: 51. 07
12	435	Ganda, Arshdeep	17	Valley Royal	19: 11. 80
13	502	Robertson, Leith	16	Fraser Acade	19: 45. 74
14	499	Jowett-Lockwood, L	17	Fraser Acade	22: 01. 21

Boys 16-19 7k Run CC

Name	Age	Team	Finals	Points	
Results – Men 16-19					
1	405	Weir, Ben	18	Uvic Track C	21: 07. 49
2	293	Neufeld, Levi	19	Trinity West	21: 08. 56
3	289	Deschiffart, Joel	19	Trinity West	21: 23. 67
4	402	Getty, Thomas	18	Uvic Track C	21: 38. 91
5	499	Jowett-Lockwood, L	17	Fraser Acade	22: 01. 21
6	403	Noseworthy, Matt	18	Uvic Track C	22: 15. 20
7	175	Gay, John	17	Okanagan Ath	22: 33. 73
8	104	Reta, Jemal	16	New West Spa	22: 37. 23
9	494	Clifford, Deon	19	Ocean	23: 02. 02
10	292	Marshall, Adam	18	Trinity West	23: 23. 12
11	25	Yuot, Paul	18	Elite Track	24: 14. 16
12	276	McKay, Connor	19	Thompson Rivers	24: 31. 19
13	396	Sawatzky, David	18	Unattached B	25: 31. 52
14	64	Kouwenhoven, Riley	17	Kamloops Tra	26: 37. 25
15	279	Sprickerhoff, Conl	18	Thompson Rivers	27: 15. 53

Men 20+ 10k Run CC

Name	Age	Team	Final s	Poi nts
Results – Men 20+				
1 186 Bruchet, Lucas	22	Point Grey T	30: 45. 67	1
2 199 Martinson, Geoffre	27	Prairie Inn	30: 59. 55	
3 185 Brockerville, Ryan	24	Point Grey T	31: 37. 21	2
4 191 Hunt, Theo	25	Point Grey T	31: 49. 50	3
5 297 White, Declan	21	Trinity West	31: 56. 26	4
6 204 Swanson, Kristophe	32	Prairie Inn	31: 57. 31	
7 189 Forster, Keir	23	Point Grey T	32: 16. 09	5
8 187 Byles, Adam	31	Point Grey T	32: 47. 21	6
9 190 Huebsch, Timothy	22	Point Grey T	32: 53. 69	7
10 451 Browne, Nick	33	Vancouver FA	33: 16. 14	
11 360 Michie, Tom	27	Unattached	33: 26. 68	
12 294 Prajea, Mihai	22	Trinity West	33: 35. 10	8
13 296 Voth, Chris	22	Trinity West	33: 35. 11	9
14 291 Johnston, Blair	21	Trinity West	33: 35. 11	10
15 369 Vugteveen, Travis	21	Unattached	33: 39. 29	
16 202 Roots, Logan	20	Prairie Inn	33: 43. 52	
17 188 Donovan, Barry	25	Point Grey T	33: 51. 77	11
18 83 Elder, Evan	21	Lions Gate R	34: 07. 91	
19 203 Searle, Ian	22	Prairie Inn	34: 18. 86	
20 511 Johnson, Robert	31	Unattached	34: 59. 43	
21 339 Abbott, Laurence	25	Unattached	35: 10. 27	
22 453 Weidman, Aaron	25	Vancouver FA	35: 36. 32	
23 350 Fraser, Travis	20	Unattached	35: 42. 28	
24 309 Kesteven, Jared	23	Ubc Okanagan	36: 01. 57	12
25 308 Hansen, Alex	23	Ubc Okanagan	36: 09. 85	13
26 311 Maclean, Nick	21	Ubc Okanagan	36: 22. 67	14
27 313 Tremblay, Joshua	22	Ubc Okanagan	36: 36. 91	15
28 353 Lister, Mark	30	Unattached	36: 48. 36	
29 314 Wong, Mackenzie	19	Ubc Okanagan	37: 27. 88	16
30 273 Carolan, Mark	29	Thompson Rivers	38: 15. 31	
31 312 Richardson, Layne	19	Ubc Okanagan	39: 36. 15	17
32 354 Lorenzo, Stan	32	Unattached	39: 52. 12	
33 290 Doyle, Nate	20	Trinity West	40: 39. 76	18
34 385 Battocchio, Matthe	21	Unattached B	42: 08. 51	
35 295 Solano, Kevin	20	Trinity West	45: 29. 90	19
36 275 Gainer, Tanner	24	Thompson Rivers	45: 36. 43	
37 274 Dulay, Sunny	22	Thompson Rivers	45: 37. 88	
- 278 Pithriak, Ryan	26	Thompson Rivers	DNF	

Girls 7-9 1500 Meter Run

Name	Age	Team	Final s	Poi nts
Results – Women 7-9				
1 379 Moore, Julianne	9	Unattached B	6: 37. 91	
2 322 De Jager, Emily	9	Unattached	6: 57. 52	
3 212 Bowles, Emily	9	Royal City T	7: 08. 97	
4 472 Forsyth, Sophie	9	Vancouver TH	7: 12. 55	
5 250 Stephens, Miranda	9	St. John's E	7: 12. 58	
6 473 Kieffer, Jessica	9	Vancouver TH	7: 13. 44	
7 11 Hamnett, Amelia	9	Coquitlam CH	7: 21. 27	
8 468 Butler, Finley	9	Vancouver TH	7: 31. 70	
9 331 Sellers, Adria	9	Unattached	7: 32. 78	
10 407 Barata, Jaida	9	Valley Royal	7: 38. 46	
11 477 Warri ngton, Delia	9	Vancouver TH	7: 45. 62	
12 27 Hai ntz, Kai a	9	Golden Ears	7: 57. 24	
13 455 Cressman, Tilda	9	Vancouver OL	7: 57. 55	
14 213 Bowles, Kate	9	Royal City T	8: 01. 49	
15 247 MacDonal d, Tyne	9	St. John's E	8: 02. 28	

16	123	Epp, Ellie	9	Ocean	8:04.44
17	325	Koronczay, Sophia	9	Unattached	8:08.29
18	67	Diotte, Kiera	9	King Tradi ti	8:08.71
19	412	Dhillon, Ashleen	9	Valley Royal	8:09.75
20	462	Cheng, Zoe	9	Vancouver OL	8:11.40
21	280	Shields, Jendaya	9	Trail Track	8:19.41
22	217	Hodges, Grace	9	Royal City T	8:22.16
23	131	Lister, Robin	9	Ocean	8:30.87
24	69	Reimer, Makenna	9	King Tradi ti	8:42.28
25	330	Ralph, Amy	9	Unattached	8:48.26
26	424	Rai, Upneet	9	Valley Royal	9:12.83

Boys 7-9 1500 Meter Run

Name	Age	Team	Finals	Points	
Results – Men 7-9					
1	101	Watson, Jayden	9 Nanaimo & DI	6:33.51	
2	160	Kobylanski, Liam	9 Ocean	6:33.74	1
3	440	Macgregor, Lockhar	9 Valley Royal	6:50.79	
4	242	French, Kieran	9 St. George's	6:52.61	
5	342	Brandsma, Sam	9 Unattached	6:52.69	
6	245	Lecky, Carson	9 St. George's	6:54.38	
7	73	Ksinan, Matteo	9 King Tradi ti	6:56.09	
8	437	Gill, Gurshan	9 Valley Royal	6:59.53	
9	147	Antscherl, Charles	9 Ocean	7:03.38	2
10	365	Rabien, Tor	9 Unattached	7:08.41	
11	72	Ksinan, Alexander	9 King Tradi ti	7:19.87	
12	159	King, William	9 Ocean	7:21.52	3
13	257	Chestnut, Tyson	8 St. Michael's	7:25.09	
14	515	Wormell, Cayden	9 Vancouver OL	7:27.48	
15	398	Ghuman, Gurmun	9 Universal AT	7:34.07	
16	251	Guy, Felix	8 St. John's E	7:37.80	
17	444	Olson, Caleb	9 Valley Royal	7:53.38	
18	358	Maku, Moses	9 Unattached	8:06.85	
19	149	Cull, Taius	9 Ocean	8:16.83	4
20	510	Basra, Parmveer	9 Unattached	8:35.83	
21	368	Sargent, Liam	9 Unattached	8:39.90	
22	252	Hu, Timothy	9 St. John's E	8:50.56	
23	155	Green, James	9 Ocean	8:56.35	5
24	221	Cao, Richard	9 Royal City T	10:05.50	

Girls 10 2000 Meter Run

Name	Age	Team	Finals	Points	
Results – Women 10 Year Olds					
1	31	Lenton, Jade	10 Golden Ears	8:19.43	
2	335	Tasdemir, Selin	10 Unattached	8:44.45	
3	456	Fernback, Sophie	10 Vancouver OL	8:54.49	
4	246	Guy, Juliette	10 St. John's E	9:07.50	
5	144	Tennant, Cleigh	10 Ocean	9:09.83	1
6	408	Brandt, Amy	10 Valley Royal	9:16.64	2
7	218	Kalisch, Milena	10 Royal City T	9:16.92	
8	118	Borntraeger, Kayli	10 Ocean	9:18.41	3
9	134	Mitchell, Ava	10 Ocean	9:19.67	4
10	336	Wease, Emma	10 Unattached	9:19.86	
11	76	Champoux, Paige	10 Langley Must	9:21.56	
12	10	Eder, Rhianna	10 Coquitlam CH	9:24.87	
13	68	Lapa, Lesina	10 King Tradi ti	9:42.33	
14	426	Takhar, Anoop	10 Valley Royal	9:47.81	5
15	142	Sy, Rebecca	10 Ocean	9:47.85	6
16	419	McAuley, Olivia	10 Valley Royal	9:48.78	7
17	102	Bremer, Alicia	10 New West Spa	9:52.82	
18	324	Kang, Karman	10 Unattached	9:56.77	

19	418	Kinney, Georgia	10	Valley Royal	9:58.08	8
20	413	Funk, Zoe	10	Valley Royal	10:00.00	9
21	130	Lawson, Emma	10	Ocean	10:06.37	10
22	26	Bradbeer, Jayden	10	Golden Ears	10:11.74	
23	457	Geheran, Amelia	10	Vancouver OL	10:28.35	
24	91	Paugh, Madison	10	Nanaimo & DI	10:50.11	
25	8	Bianco, Celeste	10	Coquitlam CH	11:16.21	
26	248	Pavlik, Katrina	10	St. John's E	11:46.94	

Boys 10 2000 Meter Run

Name	Age	Team	Finals	Points	
Results - Men 10 Year Olds					
1	20	Slaymaker, Cameron	10 Coquitlam CH	8:01.50	
2	388	Erickson, Matti	10 Unattached B	8:02.02	
3	492	Stoll, Gage	10 Vernon Amate	8:14.02	
4	22	Trent, Matthew	10 Coquitlam CH	8:23.03	
5	367	Ruckman-Utting, He	10 Unattached	8:24.81	
6	65	Levasseur, Mason	10 Kamloops Tra	8:32.86	
7	520	Williams, Chase	10 West Point G	8:33.55	
8	98	Seaman, Jake	10 Nanaimo & DI	8:37.92	
9	74	Pike, Ben	10 King Tradi ti	8:43.33	
10	391	MacDonald, Salish	10 Unattached B	8:46.95	
11	100	Seaman, Ryan	10 Nanaimo & DI	9:04.57	
12	465	McNeill, Aidan	10 Vancouver OL	9:12.28	
13	80	Monro, Nicholas	10 Langley Must	9:14.32	
14	82	Smith, Nathan	10 Langley Must	9:16.56	
15	151	Epp, Henry	10 Ocean	9:20.91	
16	71	Dolphin, Henry	10 King Tradi ti	9:28.82	
17	70	Broad, Caeden	10 King Tradi ti	9:37.69	
18	345	De Jager, James	10 Unattached	9:44.91	
19	21	Thompson, Grady	10 Coquitlam CH	9:56.23	
20	156	Groleau, Cameron	10 Ocean	10:02.45	
21	460	Blakely, Caemon	10 Vancouver OL	10:17.86	
22	66	Moritz, Connor	10 Kamloops Tra	10:25.61	
23	157	Harder, Liam	10 Ocean	10:27.58	
24	255	Terry, Spencer	10 St. John's E	11:16.08	

Boys 11 2000 Meter Run

Name	Age	Team	Finals	Points	
Results - Men 11 Year Olds					
1	164	Muncey-Buckley, Br	11 Ocean	7:32.69	
2	357	Mackie, Jeremiah	11 Unattached	7:37.23	
3	95	Heisterman, Keaton	11 Nanaimo & DI	8:03.84	
4	392	Moore, Stephen	11 Unattached B	8:09.66	
5	103	Glowacki, Tirus	11 New West Spa	8:11.49	
6	109	Cameron, Quinn	13 Norwesters T	8:17.42	
7	438	Janzen, Parker	11 Valley Royal	8:19.31	1
8	441	Mackenzie, Kai	11 Valley Royal	8:21.08	2
9	394	Ney, Caleb	11 Unattached B	8:28.90	
10	432	Carsience, Joshua	11 Valley Royal	8:38.11	3
11	161	Lister, Graeme	11 Ocean	8:44.96	
12	166	Seidemann, Thomas	11 Ocean	8:52.43	
13	154	Gan, Christopher	11 Ocean	8:55.78	
14	17	Klimos, Nicolas	11 Coquitlam CH	9:26.10	
15	16	Kent, Connor	11 Coquitlam CH	9:34.81	
16	445	Olson, Riley	11 Valley Royal	9:37.24	4
17	256	Verchere, Toby	11 St. John's E	9:43.07	
18	461	Cheng, Dylan	11 Vancouver OL	9:48.30	
19	431	Boschman, Aaron	11 Valley Royal	10:02.87	5
20	489	Skarsgard, Noah	11 Vancouver TH	11:02.28	
21	521	Hager, Jitpaul	11 Valley Royal	11:04.02	6

- 15 Iversen, Erik 11 Coquitlam CH DNF

Girls 11 2000 Meter Run

Name	Age	Team	Finals	Points
Results - Women 11 Year Olds				
1 458 Lewis, Kendra	11	Vancouver OL	8:05.25	
2 476 Savage, Freya	11	Vancouver TH	8:14.67	
3 88 Dickenson, Karly	11	Nanaimo & DI	8:16.26	
4 2 Girt, Sabine	11	Capitol Hill	8:27.42	
5 28 Haintz, Marquesis	11	Golden Ears	8:30.79	
6 129 Kobylanski, Maya	11	Ocean	8:34.05	1
7 136 Ogbeiw, Samantha	11	Ocean	8:56.04	2
8 120 Clarke, Amy	11	Ocean	8:59.09	3
9 211 Bowles, Elizabeth	11	Royal City T	9:09.77	
10 137 Peters, Angela	11	Ocean	9:18.11	4
11 427 Waring, Arshdeep	11	Valley Royal	9:19.31	
12 121 Cunha, Alanna	11	Ocean	9:22.88	5
13 377 Mack, Kiara	11	Unattached B	9:43.12	
14 9 Denton, Jillian	11	Coquitlam CH	9:46.32	
15 478 Warrington, Lucie	11	Vancouver TH	9:47.78	
16 12 Hamnett, Georgia	11	Coquitlam CH	9:49.95	
17 107 O'Flaherty, O'Flaherty,	11	Norwesters T	9:58.38	
18 479 Wei, Cynthia	11	Vancouver TH	10:00.67	
19 35 O'Dwyer, Aoi fe	11	Golden Ears	10:04.65	
20 30 Hennessey, Sydney	11	Golden Ears	10:19.41	
21 219 Savela, Lauryn	11	Royal City T	11:00.90	
22 332 Sheel, Maggie	11	Unattached	11:01.53	

Boys 12 3000 Meter Run

Name	Age	Team	Finals	Points
Results - Men 12 Year Olds				
1 75 Ralph, Justin	12	Langley Fund	10:37.16	
2 481 Glover-Cook, Jonah	12	Vancouver TH	10:42.78	
3 99 Seaman, Nate	12	Nanaimo & DI	10:42.97	
4 112 Henderson, John	12	Norwesters T	10:43.92	
5 224 Janke, Shea	12	Royal City T	10:56.93	
6 146 Almrud, Harrison	12	Ocean	11:08.40	
7 23 Yeung, Samuel	12	Coquitlam CH	11:41.77	
8 180 Scherban, Jason	12	Penticton AT	11:49.21	
9 519 Williams, Taylor	12	West Point G	11:50.40	
10 253 McCallum, Conrad	12	St. John's E	12:29.20	
11 467 Qin, Andy Yihui	12	Vancouver OL	13:01.21	
12 434 Dhillon, Baldeep	12	Valley Royal	13:23.39	
13 506 Attisha, Rowan	12	St. George's	13:32.79	
14 225 Kelvin, Cao	12	Royal City T	15:08.03	

Girls 12 3000 Meter Run

Name	Age	Team	Finals	Points
Results - Women 12 Year Olds				
1 140 Smith, Cayla	12	Ocean	10:54.36	1
2 133 Milic, Hannah	12	Ocean	11:12.12	2
3 459 Watson, Nina	12	Vancouver OL	11:18.48	
4 421 Mortimer, Rachel	12	Valley Royal	11:26.44	
5 63 Ladyman, Hanneli	12	Kamloops Tra	11:33.72	
6 77 Coburn, Cassidy	12	Langley Must	11:55.42	
7 372 Jones, Catrin	12	Unattached B	12:01.98	
8 124 Gin, Elizabeth	12	Ocean	12:17.34	3
9 475 Morris, Sophie	12	Vancouver TH	12:21.89	
10 316 Basra, Sanehpreet	12	Unattached	12:24.58	

11	93	Watson, Kai tlyn	12	Nanai mo & DI	12: 37. 23	
12	135	Muncey-Buckl ey, Mo	12	Ocean	12: 53. 06	4
13	122	Denness, Rori	12	Ocean	12: 53. 06	5
14	115	Bai ley, Adeli a	12	Ocean	12: 53. 38	6
15	416	Janzen, Si erra	12	Val ley Royal	12: 58. 98	
16	132	Max-Brown, Ceci lee	12	Ocean	13: 12. 24	7
17	51	Cosco, Dani elle	12	Kaj aks Track	13: 17. 82	
18	143	Szewczyk, Ki ra	12	Ocean	14: 50. 31	
19	34	Muller, Eli se	12	Golden Ears	15: 15. 09	

Men 35-39 8000 Meter Run

Name	Age	Team	Final s	Points
Results – Men 35-39				
1	364	Rabi en, Anton	39 Unattached	30: 21. 29
2	390	MacDonal d, Darren	38 Unattached B	30: 27. 38
3	341	Barata, Kevin	35 Unattached	33: 04. 57
4	352	Lee, Khai	37 Unattached	40: 46. 29
–	386	Castell an, Gwendal	37 Unattached B	DNF

Women 35-39 8000 Meter Run

Name	Age	Team	Final s	Points
Results – Women 35-39				
1	127	Issel, Corinne	37 Ocean	34: 32. 54
2	195	Van Veelen, Julie	36 Prair ie Inn	34: 45. 37
3	380	Morri son, Erri n	38 Unattached B	38: 44. 12

Men 40-44 8000 Meter Run

Name	Age	Team	Final s	Points
Results – Men 40-44				
1	201	Odermatt, Craig	43 Prair ie Inn	26: 57. 53
2	393	Murphy, Mi ke	42 Unattached B	27: 41. 56
3	49	Sheel, Wi lliam	44 Hershey Harr	29: 28. 21
4	349	Forsyth, Gavin	44 Unattached	30: 48. 27
5	370	Wal ton, Darren	43 Unattached	31: 35. 90
6	169	Zhu, Ji an	44 Ocean	35: 15. 11
7	61	Wi ckremasuri ya, Gi	40 Kaj aks Track	38: 18. 18
8	355	Lowe, Phi lip	44 Unattached	39: 59. 97
–	206	Matyas, Stephen	43 Prince Georg	DNF

Women 40-44 8000 Meter Run

Name	Age	Team	Final s	Points
Results – Women 40-44				
1	116	Bi ffart, Mi chelle	43 Ocean	35: 14. 84
2	321	Brougham, Li sa	43 Unattached	37: 06. 61
3	373	Jones, Susan	43 Unattached B	41: 56. 82
4	376	Maci ntosh, Andrea	41 Unattached B	44: 49. 50

Men 45-49 8000 Meter Run

Name	Age	Team	Final s	Points
Results – Men 45-49				
1	7	Gi nther, Tyler	47 Coastal Trac	27: 55. 12
2	348	El ami ri, Hi cham	45 Unattached	29: 26. 95
3	343	Cressman, Dave	45 Unattached	30: 29. 33
4	24	Ti tov, Mi khail	45 Eli te Track	30: 37. 13
5	387	Durrant, Robert	48 Unattached B	31: 03. 84

6	356 Mackie, James	45	Unattached	31:07.93
7	389 Ghuman, Darbara	46	Unattached B	31:38.77
8	452 McKechnie, Will	45	Vancouver FA	31:42.89
9	41 Hennessey, Chris	45	Golden Ears	34:43.52
10	371 Wornell, Jonathan	47	Unattached	36:23.78
11	181 Sladek, Vaclav	46	Phoenix Athl	37:10.69
12	235 Cerullo, Antonio	47	Semi ahmoo Su	41:06.94
13	518 Bennett, Gary	46	Semi ahmoo Su	51:04.02
-	197 Dignum, Colin	47	Prairie Inn	DNF

Women 45-49 8000 Meter Run

Name	Age	Team	Finals	Points	
Results - Women 45-49					
1	234	Makepeace, Dee	49	Semi ahmoo Su	38:42.87
2	227	Hansen-Baker, Tina	47	Semi ahmoo Su	44:01.62
3	517	Bennett, Anna	49	Semi ahmoo Su	51:53.34
4	233	Jewell, Vania	47	Semi ahmoo Su	1:02:31.13

Men 50-54 8000 Meter Run

Name	Age	Team	Finals	Points	
Results - Men 50-54					
1	47	Tinkham, Norman	50	Golden Ears	28:47.37
2	200	Moon, Michael	52	Prairie Inn	30:40.44
3	196	Christie, Gordon	52	Prairie Inn	31:01.51
4	359	McCulloch, Troy	53	Unattached	33:11.28
5	178	Briggeman, Steve	54	Okanagan Run	34:20.12
6	231	Flett, Gordon	53	Semi ahmoo Su	35:35.66
7	168	Smith, Bradley	53	Ocean	35:50.46
8	239	Makepeace, John	53	Semi ahmoo Su	39:26.28
9	493	Zaleschuk, Evan	54	Unattached	40:18.56
-	450	Bennett, Mark	53	Vancouver FA	DNF

Women 50-54 8000 Meter Run

Name	Age	Team	Finals	Points	
Results - Women 50-54					
1	193	Christie, Juliette	51	Prairie Inn	32:54.01
2	333	Smart, June	52	Unattached	38:57.06
3	232	Fontaine, Elsie	52	Semi ahmoo Su	1:02:31.48

Men 55-59 8000 Meter Run

Name	Age	Team	Finals	Points	
Results - Men 55-59					
1	340	Alward, Douglas	55	Unattached	30:14.46
2	198	Duncan, Gary	56	Prairie Inn	31:14.85
3	207	Martinson, Brian	55	Prince Georg	32:18.22
4	150	De St. Croix, Ted	56	Ocean	32:46.08
5	236	Fontaine, Marc	58	Semi ahmoo Su	32:53.54
6	6	Wichmann, Ron	58	Chilliwack T	33:46.54
7	111	Henderson, Doug	57	Norwesters T	35:32.72
8	363	Nose, Lance	57	Unattached	37:32.47
9	366	Romain, Everett	58	Unattached	37:37.86
10	56	Kwan, Walter	57	Kajaks Track	38:21.67
11	158	Heron, Ron	59	Ocean	39:05.60
12	85	Macdougall, Wayne	58	Mvp Athletes	40:30.10

Women 55-59 8000 Meter Run

Name	Age	Team	Finals	Points	
Results – Women 55-59					
1	226	Blatchford, Elaine	59	Semi ahmoo Su	44: 55. 30

Men 60-64 8000 Meter Run

Name	Age	Team	Finals	Points	
Results – Men 60-64					
1	237	Hi nze, Jim	60	Semi ahmoo Su	40: 42. 71
2	230	Blatchford, John	61	Semi ahmoo Su	45: 07. 80

Women 60-64 8000 Meter Run

Name	Age	Team	Finals	Points	
Results – Women 60-64					
1	48	Wright, Thel ma	62	Hershey Harr	39: 34. 55
2	381	Sharp, Suzanne	60	Unattached B	43: 24. 58
3	505	Di nni ng, Katheri ne	63	Semi ahmoo Su	46: 17. 35
4	228	Li ghtfoot, Brenda	60	Semi ahmoo Su	1: 02: 31. 78

Men 65-69 8000 Meter Run

Name	Age	Team	Finals	Points	
Results – Men 65-69					
1	84	Swadli ng, Jim	66	Li ons Gate R	32: 16. 16
2	514	Wood, Paul	65	Semi ahmoo Su	37: 15. 89
3	60	Pawl uk, Fred	66	Kaj aks Track	37: 48. 37
4	516	Hasti e, Tome	67	Unattached B	38: 59. 09
5	59	Madderom, Jake	69	Kaj aks Track	39: 23. 16

Women 65-69 8000 Meter Run

Name	Age	Team	Finals	Points	
Results – Women 65-69					
1	229	Lowe, Donna	65	Semi ahmoo Su	55: 22. 28

Men 70-74 8000 Meter Run

Name	Age	Team	Finals	Points	
Results – Men 70-74					
1	344	Dani el , Rob	74	Unattached	53: 35. 16

Men 80-84 8000 Meter Run

Name	Age	Team	Finals	Points	
Results – Men 80-84					
-	238	Lewandowski , Hi l ma	80	Semi ahmoo Su	DNF