

SFU Emilie Mondor Spring Open - 4/13/2013**Fox Field Simon Fraser University****Results - day 1****Event 1 Women 3000 Meter Steeplechase**

Meet Record: * 10:26.90 4/13/2013 Natasha Fraser, Prairie Inn

Name	Age	Team	Seed	Finals	Points
Finals					
1 Fraser, Natasha	32	Prairie Inn		10:26.90*	
2 Humeniuk, Tanya		Simon Fraser		12:03.88	
3 Degnan, Etta	19	Unattached BC		12:40.95	
-- Townsend, Dana		Unattached BC		DNF	

Event 2 Men 2000 Meter Steeplechase 36"

Meet Record: * 6:01.97 4/13/2013 Ryan Brockerville, Point Grey T

Name	Age	Team	Seed	Finals	Points
1 Brockerville, Ryan	24	Point Grey T		6:01.97*	

Event 3 Women 4x100 Meter Relay

Meet Record: * 48.43 4/13/2013 UNIVERSITY OF BC, UNIVERSITY OF BC

D Douglas, S HUGHES, F Tsun, J SPEAR CHIEF-MORRIS

Team	Seed	Finals	Points
1 University OF BC 'A'	47.20	48.43*	
1) Douglas, Danielle 23			
2) Hughes, Sarah			
3) Tsun, Fiona 21			
4) Spear Chief-Morris, Joy			
2 Comox Valley Cougars 'A'		51.07	
3 Kajaks Track & Field Club 'A'		54.79	
1) Lam, Georgia 14			
2) Ylo, Catherine 14			
3) Toney, Camryn 14			
4) Brodie, Bailey 14			
4 Air Blast Off 'A'		55.42	

Event 4 Men 4x100 Meter Relay

Meet Record: * 41.83 2010 SFU, SFU

Team	Seed	Finals	Points
1 Air Blast Off 'A'		47.05	

Event 5 Men 5000 Meter Run

Meet Record: * 15:21.82 2012 Tim Delcourt, COASTAL

Name	Age	Team	Seed	Finals	Points
1 Fraser, Travis	20	Douglas Coll	16:11.25	16:16.28	

Event 6 Women 100 Meter Hurdles

Meet Record: * 14.45 4/13/2013 Meghan Palesch, Ocean Athlet

Name	Age	Team	Seed	Finals	Wind H#	Points
1 Palesch, Meghan	18	Ocean Athletics	14.91	14.45*	1.6 2	33"
2 Abrams, Andrea		Simon Fraser	14.81	14.61	1.6 2	33"
3 Klippenstein, Aisha	20	Valley Royal	14.76	14.66	1.6 2	33"
4 Voloshin, Diana	16	Norwesters T		14.69	1.5 1	30"
5 Cho, Stephanie	16	Vancouver Ol		15.00	1.5 1	30"

SFU Emilie Mondor Spring Open - 4/13/2013**Fox Field Simon Fraser University****Results - day 1****....Event 6 Women 100 Meter Hurdles**

6	Scott, Lexie	18	Comox Valley	15.35	15.82	1.6	2	33"
7	Buckingham, Robyn	16	Langley Mustangs	16.20	16.19	1.5	1	30"
8	Kandola, Manisha	19	Unversity OF BC	16.20	17.41	1.6	2	33"

Event 7 Men 110 Meter Hurdles

Meet Record: * 14.86 4/13/2013 Mihailo Stefanovic, New West Spa								
Name	Age	Team	Seed	Finals	Wind	Points		
1	Stefanovic, Mihailo	17	New West Spa	14.86*	1.0	.914		
2	Pavel, Bogdan	17	New West Spa	15.27	1.0	.914		
3	Mclaren, Douglas	37	Unattached	16.03	1.0	.991		
4	Hernandez, Cale	18	Powell River	16.16	1.0	.991		
5	Schiedel, Jasper	15	Vancouver Ol	17.17	1.0	.914		

Event 8 Women 5000 Meter Run

Meet Record: * 19:33.80 4/13/2013 Emma Chadsey, Simon Fraser						
Name	Age	Team	Seed	Finals	Points	
1	Chadsey, Emma	19	Simon Fraser	18:40.00	19:33.80*	

Event 9 Women 100 Meter Dash

Meet Record: * 12.18 2012 Maggie Hanlon, PACIFIC							
Name	Age	Team	Seed	Finals	Wind	H#	
1	Cobb, Aleisha	22	Pacific Athletics	12.21	12.57	1.4	4
2	Corrales-Nelson, Zion	15	Burnaby Striders		12.60	2.5	1
3	Grant, Jasmine	18	Langley Mustangs	12.20	12.65	1.4	4
4	Win, Sajeda	18	Vancouver Th	12.71	12.68	1.5	3
5	Smiley, Taryn	16	Comox Valley	12.68	12.77	1.4	4
6	Duncanson, Jade	15	Ocean Athletics	12.90	12.82	1.5	3
7	Baker, Tia Isabelle	17	Cowichan Val	12.66	12.84	1.4	4
8	Gibson, Hailey	17	Valley Royal	12.65	12.87	1.4	4
9	Voloshin, Diana	16	Norwesters T		12.90	2.0	2
10	Mernagh, Stephanie	16	Ocean Athletics	12.83	12.98	1.5	3
11	Momoh, Sudie	19	Pacific Athletics	12.61	12.99	1.4	4
12	Rai, Damanpreet	20	Unversity OF BC	13.40	13.00	2.0	2
13	Van Hombeeck, Chantel	16	Vancouver Th	13.35	13.07	1.5	3
14	Giesbrecht, Allison	18	Langley Mustangs	12.40	13.08	1.4	4
15	Nijjar, Gagandeep	16	Universal At	12.89	13.12	1.5	3
16	Friedmann, Natasha	17	Universal At	12.93	13.19	1.5	3
17	Crivello, Katherine	16	Valley Royal	13.58	13.20	2.0	2
18	Kramer, Addison		Unversity OF BC	13.50	13.29	2.0	2
19	Johnston, Hannah	15	Vancouver Ol		13.46	2.5	1
20	Morton, Tayler	16	Comox Valley	13.02	13.60	1.5	3
21	Garri, Gabrielle	16	Burnaby Striders	13.47	13.70	2.0	2
22	Phillips, Shayla	15	Comox Valley		14.23	2.5	1
23	Alexander, Julia	13	Comox Valley		14.56	2.5	1

SFU Emilie Mondor Spring Open - 4/13/2013**Fox Field Simon Fraser University****Results - day 1****Event 10 Men 100 Meter Dash**

Meet Record: * 10.80 2010		Adam Newton, SFU					
Name	Age	Team	Seed	Finals	Wind	H#	
1	Gallaughner, Robert	22	Langley Mustangs	10.90	10.93	3.4	3
2	Taylor-Lewis, Adeyemi	17	Coquitlam Cheetahs	11.30	11.08	3.4	3
3	Simonise, Rashaun		Unattached BC		11.21	0.8	2
4	Chan, Matthew	16	Vancouver Th	11.41	11.49	3.4	3
5	Abosi, Stephen		Unversity OF BC	11.20	11.55	3.4	3
6	HE, Jerry		Simon Fraser	11.64	11.62	3.4	3
7	Payne, Cedeic	17	Unattached BC	11.71	11.73	0.8	2
8	Faust, Eric	23	Pacific Athletics		11.74	0.9	1
9	Nasiri, Sameer	19	Simon Fraser	11.90	11.93	0.8	2
10	Wang, Xinxiao		Kajaks Track		11.97	0.9	1
11	Suzuki, Yuri	19	Unattached BC	11.37	12.01	3.4	3
12	Gill, Sunny	22	Valley Royal	12.08	12.03	0.8	2
13	Setter, Carson	15	Valley Royal	12.25	12.15	0.8	2
14	Voloshin, Daniel	18	Norwesters T		12.28	0.9	1
15	Chan, Jerry	18	Kajaks Track		12.29	0.9	1
16	Walker, Sam	42	Greyhounds T	12.23	12.29	0.8	2
17	Ifeadi, Samuel	18	Unattached BC	12.49	12.53	0.8	2
18	Wong-Hen, Seth	14	Kajaks Track	13.00	12.74	0.9	1
19	Aron, Kim		Unversity OF BC	12.50	12.95	0.9	1
20	Kang, Mike	50	Unattached BC		13.78	0.9	1

Event 11 Women 400 Meter Dash

Meet Record: * 56.49 2012		Helen Crofts, UNATTACHED					
Name	Age	Team	Seed	Finals	H#		
1	Tjernagel, Raquel	16	Coquitlam Cheetahs	56.40	57.21		3
2	Palesch, Meghan	18	Ocean Athletics	57.24	57.54		3
3	Stokes, Amabel	18	Vancouver Th	56.25	57.77		3
4	Desch, Chantel	19	Simon Fraser	57.20	58.51		3
5	Mussatto, Alana		Norwesters T		59.96		2
6	Harris, Tamara	23	Unversity OF BC	57.90	1:00.26		3
7	Gill, Jasmine	17	Universal At	59.91	1:00.47		2
8	Korpach, Sarah	17	Ocean Athletics	59.80	1:00.52		3
9	Adande, Karin	27	Norwesters T	59.90	1:01.69		2
10	Lesyk, Camilla		Kajaks Track		1:02.00		3
11	Picken, Megan	15	Vancouver Ol		1:02.80		1
12	Konrad, Hannah	15	Valley Royal	1:01.96	1:03.04		2
13	Bains, Chicago	15	Comox Valley		1:04.08		1
14	Van Tassel, Heather	19	Unversity OF BC	1:03.30	1:05.02		1
15	Hannam, Mikaela		Unversity OF BC	1:04.20	1:05.17		1
16	Gill, Simerpreet	16	Universal At	1:02.14	1:05.17		2
17	May, Kyla	16	Comox Valley	1:02.44	1:05.50		2
18	Geary, Caitlin	17	Valley Royal	1:08.80	1:05.99		1
19	Laktionova, Anna	17	Norwesters T		1:06.88		1
20	Ryder, Eva	15	Kajaks Track		1:08.48		1
21	Tinio, Mirabelle	36	Vancouver Fa	1:05.00	1:09.54		1

SFU Emilie Mondor Spring Open - 4/13/2013**Fox Field Simon Fraser University****Results - day 1****Event 12 Men 400 Meter Dash**

Meet Record: * 48.37 2010 Kevin Lim, UNATTACHED						
Name	Age	Team	Seed	Finals	H#	
1 Hanna, Jake	16	Ocean Athletics	50.10	49.88	3	
2 Commandeur, Adam	18	Comox Valley	49.05	51.22	3	
3 Degroot, Andrew	17	Nanaimo & Di	52.01	51.28	2	
4 Conrad, Zach	22	Simon Fraser	51.24	51.66	3	
5 Pollard, Eric	18	Pacific Athletics	50.73	52.20	3	
6 Satchwell, Colmar	19	Burnaby Striders	51.67	52.43	2	
7 Szeremeta, Sean	18	Vancouver Th	52.95	52.63	2	
8 Kellner, Thomas		Unversity OF BC	50.90	52.64	3	
9 Hernandez, Cale	18	Powell River		52.65	1	
10 Hutchinson, Micheal	21	Ridge Rocket	50.50	52.99	3	
11 Karamanian, Jacob	19	Simon Fraser	53.40	53.35	1	
12 Rosler, Jerome	19	Coquitlam Cheetahs	52.66	53.53	2	
13 Harrison, Connor	18	Valley Royal	53.90	53.97	1	
14 Liu, Yubai	24	Mountain Track Club	53.00	54.03	2	
15 Walker, Sam	42	Greyhounds T	55.55	57.04	1	
16 Chow, Conrad	17	Unattached BC	55.40	57.07	1	

Event 13 Women 800 Meter Run

Meet Record: * 2:10.64 2012 Brianna Kane, VALLEY ROYALS						
Name	Age	Team	Seed	Finals	H#	
1 Butterworth, Lindsey		Simon Fraser	2:09.00	2:12.46	2	
2 Kane, Michaela	22	Simon Fraser	2:09.13	2:14.45	2	
3 Mackenzie, Kansas	19	Simon Fraser	2:12.67	2:15.33	2	
4 Farish, Catharine	23	Unversity OF BC	2:14.20	2:15.86	2	
5 Boss, Traci	26	Unattached BC	2:13.00	2:15.95	2	
6 Atkin, Casey	20	Pacific Athletics	2:14.00	2:16.94	2	
7 Vogt, Abbey	21	Simon Fraser	2:17.54	2:16.97	2	
8 Lennea, Kayla		Simon Fraser	2:16.12	2:19.47	2	
9 Hutchins, Kathryn		Unversity OF BC	2:16.20	2:19.48	2	
10 Ellenwood, Georgia	18	Langley Mustangs	2:18.00	2:23.29	1	
11 Balbosa, Chelsea	21	Unattached BC	2:21.00	2:23.58	1	
12 Dacre, Stephanie		Unversity OF BC	2:19.40	2:24.94	1	
13 Stevenson, Sophia	16	Burnaby Striders	2:17.00	2:26.22	1	
14 Chapman, Delaney	16	Valley Royal	2:40.00	2:40.46	1	
15 Rosser, Olivia	15	Kajaks Track	2:50.00	2:52.40	1	
16 De Lemos, Gwen	14	Kajaks Track	2:45.00	2:55.97	1	

Event 14 Men 800 Meter Run

Meet Record: * 1:52.20 2010 Luc Bruchet, UNATTACHED						
Name	Age	Team	Seed	Finals	H#	
1 Hole, Nigel	24	Point Grey T	1:50.44	1:54.86	2	
2 Proceviat, Cameron	20	Simon Fraser	1:53.86	1:56.37	2	
3 Ellenwood, Stuart	20	Simon Fraser	1:54.15	1:56.63	2	
4 Vugteveen, Travis	21	Simon Fraser	1:52.50	1:56.96	2	
5 Trummer, Max	17	Vancouver Th	1:57.70	1:59.09	2	
6 Smith, Lorenzo	19	Simon Fraser	1:55.34	2:01.01	2	
7 Favreau, Christian	18	Vancouver Th	2:00.20	2:01.42	2	
8 Cunliffe, BJ		Simon Fraser	1:58.00	2:02.03	2	

SFU Emilie Mondor Spring Open - 4/13/2013**Fox Field Simon Fraser University****Results - day 1****....Event 14 Men 800 Meter Run**

9 Pare, Alex	Simon Fraser	1:59.44	2:03.40	2
10 Ganda, Arshdeep	17 Valley Royal	2:08.00	2:09.17	1
11 Bingert, Aidan	16 Valley Royal	2:08.00	2:10.35	1
12 Pozzolo, Alessandro	University OF BC		2:10.89	1
13 Battocchio, Matthew	21 Douglas Coll	2:10.98	2:16.62	1
14 Ping, Michael	20 Coquitlam Cheetahs	2:15.00	2:17.68	1
15 Mcgovern, Dakota	15 Norwesters T		2:18.51	1
16 Loewen, Samuel	14 Kajaks Track	2:25.00	2:29.45	1
-- Anand, Kapil	27 Vancouver Th	1:59.30	DNF	2

Event 15 Women 200 Meter Run

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Meet Record: * 25.41 2010 Jane Channell, SFU						
Name	Age	Team	Seed	Finals	Wind	H#
=====						
1 Corrales-Nelson, Zion	15	Burnaby Striders		25.42	1.8	1
2 Desch, Chantel	19	Simon Fraser	25.62	25.77	0.5	5
3 Wiebe, Devan	20	University OF BC	25.90	26.14	0.5	5
4 Payne, Shania	18	Coquitlam Cheetahs	25.18	26.18	0.5	5
5 Grant, Jasmine	18	Langley Mustangs	26.40	26.30	0.9	4
6 Duncanson, Jade	15	Ocean Athletics	26.78	26.35	1.8	1
7 Smiley, Taryn	16	Comox Valley		26.38	1.8	1
8 Friedmann, Natasha	17	Universal At	26.91	26.48	0.9	4
9 Gibson, Hailey	17	Valley Royal	25.73	26.57	0.5	5
10 Baker, Tia Isabelle	17	Cowichan Val	25.97	26.65	0.5	5
11 Win, Sajeda	18	Vancouver Th	26.35	26.73	0.9	4
12 Korpach, Sarah	17	Ocean Athletics	26.19	26.82	0.9	4
13 Reeves, Picabo	18	Coquitlam Cheetahs	27.50	26.91	1.4	3
14 Bains, Chicago	15	Comox Valley	26.82	27.00	0.9	4
15 Nijjar, Gagandeep	16	Universal At	26.89	27.03	0.9	4
16 Giesbrecht, Allison	18	Langley Mustangs	26.10	27.18	0.9	4
17 Voloshin, Diana	16	Norwesters T		27.24	1.8	1
18 Momoh, Sudie	19	Pacific Athletics	25.65	27.31	0.5	5
19 Adande, Karin	27	Norwesters T		27.34	2.0	2
20 Russell, Emily	18	Vancouver Th	27.87	27.45	2.0	2
21 Cryderman, Natalie	18	Vancouver Th	27.35	27.65	1.4	3
22 Yee, Michelle	16	Vancouver Th	27.25	27.66	1.4	3
23 Crivello, Katherine	16	Valley Royal	28.27	27.91	2.0	2
24 Dosanjh, Gulneer	14	Universal At	27.81	27.95	1.8	1
25 Geary, Caitlin	17	Valley Royal	28.50	28.16	2.0	2
26 May, Kyla	16	Comox Valley	28.04	28.47	2.0	2
27 Garri, Gabrielle	16	Burnaby Striders	27.74	28.73	1.4	3
28 Morton, Tayler	16	Comox Valley	27.84	29.23	1.4	3
29 Alexander, Julia	13	Comox Valley	30.45	30.24	1.8	1
30 Atkinson, Geran	18	Vancouver Th	29.15	32.10	2.0	2
31 Blay, Hannah	14	Kajaks Track	38.00	33.82	1.8	1

Event 16 Men 200 Meter Run

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Meet Record: * 21.10 2010 Andrew Boss, SFU						
Name	Age	Team	Seed	Finals	Wind	H#
=====						
1 Taylor-Lewis, Adeyemi	17	Coquitlam Cheetahs	22.68	22.30	1.7	4
2 Hanna, Jake	16	Ocean Athletics	22.78	22.47	1.7	4
3 Rosler, Jerome	19	Coquitlam Cheetahs	23.30	22.92	3.0	3

SFU Emilie Mondor Spring Open - 4/13/2013**Fox Field Simon Fraser University****Results - day 1****....Event 16 Men 200 Meter Run**

4	Dhillon, Hameet	18	Universal At	23.70	22.97	3.0	3
5	Stefanovic, Mihailo	17	New West Spa		23.04	1.0	1
6	Pollard, Eric	18	Pacific Athletics	22.88	23.44	1.7	4
7	Commandeur, Adam	18	Comox Valley	22.82	23.63	1.7	4
8	Faust, Eric	23	Pacific Athletics		23.66	1.0	1
9	Dosanjh, Tarin	25	Universal At	23.70	23.70	3.0	3
10	Kellner, Thomas		Unversity OF BC	23.01	23.70	1.7	4
11	Abosi, Stephen		Unversity OF BC	22.90	23.78	1.7	4
12	Payne, Cedeic	17	Unattached BC	23.92	23.96	3.0	3
13	Suzuki, Yuri	19	Unattached BC	23.40	24.28	3.0	3
14	Liu, Yubai	24	Mountain Track Club	24.80	24.48	1.3	2
15	Harrison, Connor	18	Valley Royal	24.10	24.70	1.3	2
16	Wilkinson, Ethan	18	Langley Mustangs	21.40	24.81	1.7	4
17	Schiedel, Jasper	15	Vancouver Ol		25.03	1.0	1
18	Wang, Wilson	17	Coquitlam Cheetahs	25.50	25.31	1.3	2
19	Chan, Jerry	18	Kajaks Track	25.00	25.71	1.3	2

Event 17 Women 400 Meter Hurdles 30"

=====							
Meet Record: * 1:02.89 2010 Traci Boss, CHEETAHS							
Name	Age	Team	Seed	Finals			
=====							
1	Sawatzky, Sarah	22	Simon Fraser	1:03.00	1:03.25		
2	Cho, Stephanie	16	Vancouver Ol		1:04.07		
3	Scott, Lexie	18	Comox Valley	1:03.14	1:06.52		
4	Kramer, Addison		Unversity OF BC	1:04.50	1:07.44		
5	McLeod, Mackenzie	17	Comox Valley	1:07.00	1:08.93		
--	Howe-Smith, Courtney	19	Simon Fraser	1:10.00	DQ	RULE #168-7a	

Event 18 Men 400 Meter Hurdles

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Meet Record: * 55.61 2012 Ryan Endresen, SPU							
Name	Age	Team	Seed	Finals			
=====							
1	Strome, Ethan	17	Vancouver Th	56.25	56.90	33"	
2	Lynch, Jesse	20	Simon Fraser	56.50	56.94	36"	
3	Kastelein, Eli	18	Langley Mustangs		57.94	36"	
4	Adualski, Sebastian	18	Ocean Athletics	57.59	58.91	36"	
--	Palou, Austin	18	Cowichan Val		DQ	36"	

Event 19 Women 1500 Meter Run

=====							
Meet Record: * 4:33.66 4/13/2013 Jessica Smith, Valley Royal							
Name	Age	Team	Seed	Finals			
=====							
1	Smith, Jessica	24	Valley Royal	4:21.00	4:33.66*		
2	Allen, Kisten	21	Simon Fraser	4:44.00	4:42.61		
3	Noel, Peggy		Simon Fraser	4:48.00	4:46.88		
4	Lee, Kirsten	20	Unversity OF BC	4:49.20	4:47.24		
5	Bassett, Rebecca	18	Oceanside Tr	4:41.28	4:47.67		
6	Erdman, Adrienne		Unversity OF BC	4:50.20	4:53.19		
7	Carviel, Heather	21	Simon Fraser	4:56.00	4:58.81		
8	Siemens, Alexandra	18	Valley Royal	4:45.00	4:59.17		
9	Cho, Erina		Simon Fraser	5:10.00	5:21.86		
10	Ross, Sarya	17	Valley Royal	5:00.00	5:35.43		

SFU Emilie Mondor Spring Open - 4/13/2013**Fox Field Simon Fraser University****Results - day 1****...Event 19 Women 1500 Meter Run**

11 Louie, Natasha	15 Burnaby Striders		5:42.80
12 Johnson, Erica	16 Valley Royal	5:45.00	5:54.69
13 Rudakov, Anita	16 Kajaks Track	5:30.00	6:12.90

Event 20 Men 1500 Meter Run

=====				
Meet Record: * 3:55.00 2012 Nigel Hole, POINT GREY				
Name	Age	Team	Seed	Finals
=====				
1 Maynard, Jordan	25	Vancouver Th	3:55.60	3:58.22
2 Forster, Keir	23	Simon Fraser	3:55.40	3:59.33
3 Young, James	22	Simon Fraser	3:55.76	4:00.78
4 Rajala, Devin	20	Unversity OF BC	3:59.40	4:03.34
5 Oxland, Thomas	17	Oceanside Tr	4:12.29	4:05.78
6 Dhanani, Samir	24	Mountain Track Club	3:58.00	4:06.34
7 Hooton, Jesse	18	Hershey Harr	4:08.00	4:06.66
8 Dinsdale, Christopher	22	Simon Fraser	4:03.00	4:07.72
9 Mitchell, Reid	20	Unversity OF BC	3:59.60	4:08.66
10 Wong, Brendan		Simon Fraser	4:05.00	4:09.76
11 Oxland, Peter	17	Oceanside Tr	4:11.78	4:11.14
12 Bill, Simon		Unversity OF BC	3:59.20	4:11.36
13 Jorgensen, Oliver	18	Valley Royal	4:12.00	4:13.70
14 Chester, Sean	29	Prairie Inn	4:01.31	4:15.36
15 Searle, Ian	22	Prairie Inn	4:25.00	4:16.03
16 Marshall, Adam	18	Langley Mustangs	4:10.00	4:16.05
17 Mitchell, Peter	17	Valley Royal	4:25.00	4:24.79
18 Bibby, Oliver		Unversity OF BC		4:30.02
19 Sawatzky, David	18	Valley Royal	4:40.00	4:43.35
20 MCGovern, Dakota	15	Norwesters T		4:46.56

Event 23 Women Discus Throw 1 KG

=====				
Meet Record: * 46.64m 2012 Asianna Convington, KAJAKS				
Name	Age	Team	Seed	Finals
=====				
1 Covington, Asianna	18	Kajaks Track		43.86m
2 Richardson, Jade	21	Simon Fraser	46.50m	42.18m
3 Patterson, Mikayla		Valley Royal		40.39m
4 Moriconi, Olivia	17	Ridge Rocket		36.06m
5 Covington, Autumn	16	Kajaks Track		32.40m
6 Wolczyk, Brittni	16	Langley Mustangs	35.92m	31.66m
7 Wideski, Valerie	14	Kajaks Track		31.61m
8 Akbarizadeh, Natasha	17	Ridge Rocket		30.20m
9 Grewal, Manpreet	17	Valley Royal		29.70m
10 Bhandal, Gurleen	15	Kajaks Track		27.16m

Event 24 Men Discus Throw

=====				
Meet Record: * 45.42m 2012 Gurinder Dosanjh, UNATTACHED				
Name	Age	Team	Seed	Finals
=====				
1 Lambert, Adam	17	Valley Royal		37.59m 1.6
2 Bhandal, Pauljit	19	Kajaks Track		34.58m 2
3 Bhandal, Ranjit Singh	45	Kajaks Track		30.65m 2

SFU Emilie Mondor Spring Open - 4/13/2013**Fox Field Simon Fraser University****Results - day 1****Event 25 Women Hammer Throw**

Meet Record: * 55.21m 2012 Asianna Covington, KAJAKS					
Name	Age	Team	Seed	Finals	
1 Covington, Asianna	18	Kajaks Track		52.36m	4
2 Rasche, Teagan	16	Langley Mustangs	48.20m	51.09m	3
3 Botsis, Chanell	15	Kajaks Track	45.41m	45.37m	4
4 Grewal, Manpreet	17	Valley Royal		44.74m	4
5 Covington, Autumn	16	Kajaks Track		44.48m	4
6 Carr, Ryley		Simon Fraser	43.00m	43.36m	4
7 Moriconi, Olivia	17	Ridge Rocket		42.24m	4
8 Toney, Camryn	14	Kajaks Track		36.30m	4
9 Akbarizadeh, Natasha	17	Ridge Rocket		35.07m	4
10 Bhandal, Gurleen	15	Kajaks Track		30.42m	4
11 Merenyi, Eva	18	Kajaks Track		24.59m	4

Event 26 Men Hammer Throw

Meet Record: * 61.62m 2012 Ryan Jensen, KAMLOOPS					
Name	Age	Team	Seed	Finals	
1 Kalmykov, Mark	18	Kajaks Track		55.12m	12 LB
2 Lambert, Adam	17	Valley Royal		45.94m	12 LB
3 Molonari, Luca		Simon Fraser	45.00m	45.48m	16 LB
4 Bhandal, Pauljit	19	Kajaks Track		41.34m	16 LB
5 Grewal, Jeewan	16	Valley Royal		36.70m	12 LB
6 Bhandal, Ranjit Singh	45	Kajaks Track		29.56m	16 LB

Event 27 Men Shot Put

Meet Record: * 15.45m 2010 Tom Willcox, CHEETAHS					
Name	Age	Team	Seed	Finals	
1 Hernandez, Cale	18	Powell River		12.22m	12 KG
2 Karamanian, Jacob	19	Simon Fraser	10.90m	10.88m	16 KG

Event 28 Women Triple Jump

Meet Record: * 11.35m 2011 Aisha Klippenstein, VALLEY ROYALS					
Name	Age	Team	Seed	Finals	Wind
1 Koblun, Megan	18	Pacific Athletics	10.88m	10.75m	+0.0
2 Broomfield, Robyn	21	Simon Fraser	10.80m	10.40m	+0.0
3 Huser, Emily	19	University OF BC	10.90m	10.31m	+0.0
4 Chow, Cheryl	15	Unattached BC	9.52m	9.42m	+0.0

Event 29 Men Triple Jump

Meet Record: * 13.68m 4/13/2013 Vladislav Moldavanov, Norwesters T					
Name	Age	Team	Seed	Finals	Wind
1 Moldavanov, Vladislav	18	Norwesters T		13.68m*	+0.0
2 Elson, James	17	Norwesters T		12.96m	+0.0
3 Aminov, Oded	18	Kajaks Track	13.00m	12.64m	+0.0
4 Tang, Mitchell	18	Unattached BC	12.90m	12.53m	1.2
5 Aminov, Alon	15	Kajaks Track	12.00m	12.06m	0.1

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6 Schiedel, Jasper	15	Vancouver Ol	11.41m	1.2
7 Cutts, Jacob	17	Vancouver Th	10.41m	1.0
8 Wang, Richard	15	Vancouver Th	9.81m	+0.0

Event 30 Women Shot Put

Meet Record: * 11.43m 2012 Ruky Abdulai, VALLEY ROYALS

Name	Age	Team	Seed	Finals
1 Nijjar, Avneet	17	Universal At		10.34m
2 Ellenwood, Georgia	18	Langley Mustangs		10.32m
3 Beaton, Hannah	17	Langley Mustangs	10.90m	9.40m
4 Adrain, Kelsey		Langley Mustangs		9.25m
5 Murby, Ness	28	Vancouver Th		7.78m
6 Lim, Emily	17	Vancouver Th	9.75m	7.38m
7 Pauls, Sophie	16	Vancouver Th	9.56m	7.13m

Event 31 Men Javelin Throw

Meet Record: * 68.94m 4/13/2013 Curtis Moss, Kajaks Track

Name	Age	Team	Seed	Finals
1 Moss, Curtis	26	Kajaks Track		68.94m*
2 White, Andy		Unattached BC		64.20m
3 Cole, Ben		Simon Fraser	53.50m	53.65m
4 Hanna, Maxwell	18	Langley Mustangs	55.70m	50.73m
5 Ellingson, Jordan	16	Langley Mustangs	52.80m	50.10m

Event 32 Women High Jump

Meet Record: * 1.76m 2010 Alyxandria Treasure, UNATTACHED

Name	Age	Team	Seed	Finals
1 Kandola, Manisha	19	Unversity OF BC	1.60m	1.50m
2 Aquilini, Gabriela	15	Vancouver Th	1.53m	J1.50m
3 Konrad, Hannah	15	Valley Royal	1.50m	1.45m
4 Huser, Emily	19	University OF BC	1.50m	J1.45m

Event 33 Women Javelin Throw

Meet Record: * 51.29m 2011 Krista Woodward, KAJAKS

Name	Age	Team	Seed	Finals
1 Rasche, Teagan	16	Langley Mustangs	39.18m	39.84m
2 Wolczyk, Brittni	16	Langley Mustangs	39.15m	39.64m
3 Stewart, Kirstin		Simon Fraser	36.00m	38.01m
4 Beaton, Hannah	17	Langley Mustangs	35.00m	35.26m
5 Buckingham, Robyn	16	Langley Mustangs	33.00m	34.37m
6 Helm, Carina	19	Unversity OF BC	38.30m	34.07m
7 Byer, Selina	20	Simon Fraser	39.50m	32.91m
8 Adrain, Kelsey		Langley Mustangs		27.95m
9 Voloshin, Diana	16	Norwesters T		24.53m
10 Lim, Emily	17	Vancouver Th	25.45m	23.11m

SFU Emilie Mondor Spring Open - 4/13/2013**Fox Field Simon Fraser University****Results - day 1****Event 34 Men High Jump**

Meet Record: * 2.05m 2011 Paul Little, VT				
Name	Age	Team	Seed	Finals
1 Chen, Youle	19	Vancouver Th	1.95m	1.90m
2 Backiel, Filip		Unversity OF BC	1.85m	1.85m
3 Ayivor, Dkay	19	Simon Fraser	1.85m	J1.85m
4 Elson, James	17	Norwesters T		1.80m
5 Rick, Scott	50	Langley Mustangs	1.80m	1.70m
6 Laurie, Thomas	17	Valley Royal	1.75m	1.65m

Event 35 Women Long Jump

Meet Record: * 5.92m 2011 Ruky Abdulai, VALLEY ROYALS					
Name	Age	Team	Seed	Finals	Wind
1 Sutherland, Carolyn	19	Langley Mustangs	5.98m	5.32m	+0.0
2 Rhode, Mercedes		Simon Fraser	5.48m	5.13m	+0.0
3 Rai, Damanpreet	20	Unversity OF BC	5.28m	4.99m	+0.0
4 Donner, Claire	24	Pacific Athletics	5.58m	4.95m	+0.0
5 Buckingham, Robyn	16	Langley Mustangs	5.12m	4.94m	+0.0
6 Johnston, Hannah	15	Vancouver Ol	5.05m	4.91m	+0.0
7 Pauls, Sophie	16	Vancouver Th	5.25m	4.81m	+0.0
8 Gregory, Miranda	16	Langley Mustangs	5.40m	4.79m	+0.0
9 Broomfield, Robyn	21	Simon Fraser	4.79m	4.58m	+0.0
10 Koblun, Megan	18	Pacific Athletics	4.55m	4.50m	0.4
11 Adrain, Kelsey		Langley Mustangs		4.28m	-0.5
12 Chow, Cheryl	15	Unattached BC		3.88m	0.3

Event 36 Men Long Jump

Meet Record: * 7.08m 4/13/2013 Robert Gallagher, Langley Must					
Name	Age	Team	Seed	Finals	Wind
1 Gallagher, Robert	22	Langley Mustangs	7.47m	7.08m*	1.2
2 Ayivor, Dkay	19	Simon Fraser	6.38m	6.50m	-0.3
3 HE, Jerry		Simon Fraser	6.54m	6.23m	-0.1
4 Nizamani, Ahmad	17	Vancouver Th	6.60m	6.19m	-1.5
5 Grzelak, Patrick	22	Unversity OF BC	6.50m	6.02m	0.6
6 Lavoie, Codie	20	Simon Fraser	6.12m	6.01m	0.8
7 Ifeadi, Samuel	18	Unattached BC	5.70m	5.70m	-0.8