

# 2012 Calgary Indoor Track Series

**Location:** Jack Simpson Track, Kinesiology Building, U of Calgary  
 Map of Campus: <http://www.ucalgary.ca/map/>

**Hosted by:** Calgary Track Council and University of Calgary Track & Field Program

**Sanctioned by:** Athletics Alberta  
 High School events sanctioned by ASAA

**Websites:** [www.calgarytrackcouncil.com](http://www.calgarytrackcouncil.com)  
[www.uofcathletics.ca](http://www.uofcathletics.ca) "Calgary Indoor Track Series"

**Categories:** **Ages as of December 31 the year of Competition**  
 10 years and under  
 11-15 years (will compete in one year divisions)  
**Open:** age 16 and over  
**Masters:** Men 35+, Women 35+  
**High School:** Junior and Senior Categories. Only for ASAA member schools.  
**Invitational events:** Field sizes will be limited. Athletes are required to submit legitimate performances for consideration of entry by the entry Deadline.

## Events Offered:

	<b>Dino Opener</b>	<b>Dino Classic</b>	<b>Jack Simpson Open</b>	<b>Dino Indoor Challenge</b>
	Saturday, December 03, 2011	Saturday, January 07, 2012	Saturday, January 28, 2012	Saturday, April 28, 2012
	10:00am – 5:00pm	10:00am – 5:00pm	10:00am – 5:00pm	10:00am – 5:00pm
60m	All ages	All ages	All ages	All ages & HS
150m	13 & under	13 & under	13 & under	13 & under
200m	14 & older			
300m		14 & older	14 & older	
400m				14 & older & HS
600m		All ages		
800m	All ages			All ages & HS
1000m			All ages	
1200m		12-15 years		
1500m		16 & older		
Mile				16 & older
3000m	16 & older			HS
60m Hurdles	14 & older (Invitational)		16 & older (Invitational)	
4x200m	All ages		13 & under	All ages & HS
4x400m			14 & older	
High Jump	Invitational (NS)			

## Non Scoring Invitational Field Meets:

<b>Field Meets</b>	<b>Sunday December 18, 2011</b>
	12:00-4:00PM
Long Jump	Invitational
Triple Jump	Invitational
Pole Vault	Invitational
Shot	Invitational

**Schedules:** Tentative schedules are posted on the Website. Final schedules will be posted the day before the competition

**Awards:**

- For each meet: top 6 in each event Final, will receive ribbons.
- Participant ribbons will be available for all finishers who do not place in the top 6.
- Athletes are expected to pickup their awards at the registration table after final results are posted. Ribbons will not be mailed out.
- For the entire series: top 3 total point winners in each age group will receive medals. Points will be accumulated for athletes finishing in the top eight in each event as follows: 10, 8, 6, 5, 4, 3, 2, 1 for 1st, 2nd, 3rd, etc. down to 8th place.

### Series T-Shirts

- Series T-shirts will be awarded to every athlete who completes 5 individual events.
- Athletes are asked to indicate their T-Shirt size with their first entry into the series.

### ENTRIES:

**Entry information** should include:

Name and club/school

Male/Female and Birthdate

Events and seed performance or expected performance.

**Entry deadline:** Entries must be received by the Tuesday prior to the meet.

**Entries may be limited due to space and time constraints and will be processed on a first come first serve basis.**

a) Email to lamont@ucalgary.ca

b) FAX to Doug Lamont at (403) 210-8187

Day of Meet entries will only be accepted at Meet Director's discretion and if space is available

**Entry Fee** is \$10 per athlete per event

\$10 per Relay team (Day of meet entries are OK)

**Make cheques payable** to "University of Calgary Athletics Club"

### Athletics Alberta Membership

- **All participants must be a members of Athletics Alberta. To register with Athletics Alberta go to:** <http://www.athleticsalberta.com/about-us/membership>
- **"Day of Meet" Membership is available for one meet only (Cost \$5.00). Forms at:** [http://www.athleticsalberta.com/sites/default/files/content\\_files/pdfs/Membership/2010/2010DOM-RegistrationForm.pdf](http://www.athleticsalberta.com/sites/default/files/content_files/pdfs/Membership/2010/2010DOM-RegistrationForm.pdf)

**T-SHIRT SIZE** – be sure to include your T-shirt size with your first entry, if you expect to **complete 5 Individual** events during the series.

**Initial Entry lists** will be posted on Wednesday on the Calgary Track Council and UCAC websites.

- Fully automatic phototiming (FinishLynx).
- **Youth Girls & Boys 60m** –: will have timed section finals. If they wish to run heats to finals, they should request to run in the Open Category.

### RESULTS

Results will be posted at the main entrance as soon as possible and Saturday night on the series website.