

2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****Women 60 Metre Dash****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Canada West: # 7.51 2/26/2011 Ammon Nelson, U of Calgary

CIS Standard: @ 7.59

CIS Record: ! 7.31 2009 Genevieve Thibault, Laval

Name	Year	Team	Seed	Prelims	H#
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Preliminaries

1	292	Young, Michelle	92	University of Sask	7.60	7.62Q	2
2	16	Nettey, Sabrina	90	TWU	7.61	7.67Q	1
3	231	Margetts, Merissa	91	Cougars	7.73	7.67Q	2
4	200	Zimmer, Jenn	89	U of Calgary	7.72	7.83Q	1
5	27	Whitehead, Liza	87	TWU	7.80	7.76Q	2
6	50	Lotholz, Melissa	92	UA Bears/Pandas	7.87	7.87Q	1
7	206	Becker, Joy	94	Cougars	7.93	7.93q	1
8	42	Gervais, Monique	94	UA Bears/Pandas	7.99	7.96q	2
9	180	Hernandez, Isabell	92	U of Calgary	8.06	8.05	2
10	280	Promhouse, Ashley	93	University of Sask	8.21	8.06	2
11	137	Waters, Mallory	93	U of Manitoba	8.15	8.16	1
12	192	Mebude, Deborah	95	U of Calgary	8.19	8.19	2
13	69	Fersch, Jessi		U of Lethbridge	8.46	8.21	2
14	195	Owens, Katie	95	U of Calgary	8.16	8.27	1
15	290	Wiens, Courtney	92	University of Sask	8.24	8.28	1
16	86	Sweeney, Kendra		U of Lethbridge	8.29	8.35	1

Women 60 Metre Dash

Canada West: # 7.51 2/26/2011 Ammon Nelson, U of Calgary

CIS Standard: @ 7.59

CIS Record: ! 7.31 2009 Genevieve Thibault, Laval

Name	Year	Team	Prelims	Finals	Points
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Finals

1	16	Nettey, Sabrina	90	TWU	7.67	7.55@	7
2	292	Young, Michelle	92	University of Sask	7.62	7.57@	5
3	231	Margetts, Merissa	91	Cougars	7.67	7.65	4
4	27	Whitehead, Liza	87	TWU	7.76	7.78	3
5	50	Lotholz, Melissa	92	UA Bears/Pandas	7.87	7.85	2
6	200	Zimmer, Jenn	89	U of Calgary	7.83	7.87	1
7	206	Becker, Joy	94	Cougars	7.93	7.97	
8	42	Gervais, Monique	94	UA Bears/Pandas	7.96	7.99	

Preliminaries

9	180	Hernandez, Isabell	92	U of Calgary	8.05		
10	280	Promhouse, Ashley	93	University of Sask	8.06		
11	137	Waters, Mallory	93	U of Manitoba	8.16		
12	192	Mebude, Deborah	95	U of Calgary	8.19		
13	69	Fersch, Jessi		U of Lethbridge	8.21		
14	195	Owens, Katie	95	U of Calgary	8.27		



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Women 60 Metre Dash**

15	290 Wiens, Courtney	92 University of Sask	8.28
16	86 Sweeney, Kendra	U of Lethbridge	8.35

Women 300 Metre Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

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 Canada West: # 37.89 2/25/2011 Ammon Nelson, U of Calgary
 CIS Standard: @ 39.47

CIS Record: ! 37.35 2005 Adrienne Power, Dalhousie

Name	Year	Team	Seed	Prelims	H#	
1	283	Ritchie, Katrin	92 University of Sask	40.35	39.97Q	4
2	35	Clonfero, Daniella	93 UA Bears/Pandas	40.40	40.39Q	3
3	19	Pearse, Anastasia	88 TWU	40.97	40.39Q	1
4	45	Hrycun, Alexa	94 UA Bears/Pandas	40.69	40.99Q	2
5	200	Zimmer, Jenn	89 U of Calgary	41.17	40.93q	1
6	238	Propp, Adrea	92 Cougars	41.36	41.02q	2
7	180	Hernandez, Isabell	92 U of Calgary		41.81q	2
8	111	Huebert, Sarah	92 U of Manitoba	41.60	41.99q	3
9	169	Collins, Cassandre	94 U of Calgary	41.68	42.17	4
10	293	Zemlak, Sophia	94 University of Sask	42.70	42.60	2
11	227	Lavoy, Renee	95 Cougars	42.99	42.79	1
12	195	Owens, Katie	95 U of Calgary	42.69	42.95	3
13	265	Hooper, Kirsten	94 University of Sask	43.63	43.38	1
14	136	Wanigasekara, Sasa	95 U of Manitoba	42.19	43.64	4
15	212	Doyle, Ricki	95 Cougars	44.54	43.77	4
16	219	Haider, Cassie	94 Cougars	44.77	43.97	3
17	156	Robinson, Andrea	94 U of Victoria		44.92	4

Women 300 Metre Dash

=====
 Canada West: # 37.89 2/25/2011 Ammon Nelson, U of Calgary
 CIS Standard: @ 39.47

CIS Record: ! 37.35 2005 Adrienne Power, Dalhousie

Name	Year	Team	Prelims	Finals	H#	Points
===== Finals						
1	283	Ritchie, Katrin	92 University of Sask	39.97	39.65	2 7
2	35	Clonfero, Daniella	93 UA Bears/Pandas	40.39	40.01	2 5
3	19	Pearse, Anastasia	88 TWU	40.39	40.41	2 4
4	238	Propp, Adrea	92 Cougars	41.02	40.90	1 3
5	45	Hrycun, Alexa	94 UA Bears/Pandas	40.99	40.97	2 2
6	200	Zimmer, Jenn	89 U of Calgary	40.93	41.02	1 1
7	180	Hernandez, Isabell	92 U of Calgary	41.81	42.14	1
--	111	Huebert, Sarah	92 U of Manitoba	41.99	DNF	1
Preliminaries						
9	169	Collins, Cassandre	94 U of Calgary	42.17		



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Women 300 Metre Dash**

10	293 Zemlak, Sophia	94 University of Sask	42.60
11	227 Lavoy, Renee	95 Cougars	42.79
12	195 Owens, Katie	95 U of Calgary	42.95
13	265 Hooper, Kirsten	94 University of Sask	43.38
14	136 Wanigasekara, Sasa	95 U of Manitoba	43.64
15	212 Doyle, Ricki	95 Cougars	43.77
16	219 Haider, Cassie	94 Cougars	43.97
17	156 Robinson, Andrea	94 U of Victoria	44.92

Women 600 Metre Run

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 Canada West: # 1:29.00 3/3/1984 Gwen Wall, U of Sask

CIS Standard: @ 1:31.94

CIS Record: ! 1:27.63 1984 Camille Cato, York

Name	Year	Team	Seed	Finals	H#	Points
=====						
Finals						
1	198	Westaway, Jenna	94 U of Calgary	1:28.79	1:29.00#	3 7
2	143	Francois, Rachel	95 U of Victoria	1:30.78	1:29.38@	3 5
3	139	Annear, Grace	92 U of Victoria	1:30.72	1:30.18@	3 4
4	283	Ritchie, Katrin	92 University of Sask	1:32.78	1:31.73@	3 3
5	158	Soderberg, Nicole	92 U of Victoria	1:32.19	1:33.66	3 2
6	238	Propp, Adrea	92 Cougars	1:33.38	1:34.68	3 1
7	255	Charles, Elektra	92 University of Sask	1:34.83	1:35.43	2
8	149	Moore, Jenica	91 U of Victoria	1:37.95	1:36.70	2
9	254	Buettner, Tye	94 University of Sask	1:37.71	1:37.55	2
10	111	Huebert, Sarah	92 U of Manitoba	1:34.63	1:38.28	2
11	211	Davis, Anneliese	94 Cougars	1:38.02	1:38.28	2
12	34	Cieslelski, Maegan	93 UA Bears/Pandas	1:37.18	1:38.72	2
13	104	Gelhorn, Amy	94 U of Manitoba	1:37.42	1:39.08	2
14	142	Cote, Halley	93 U of Victoria	1:39.25	1:39.48	1
15	156	Robinson, Andrea	94 U of Victoria	1:40.99	1:39.53	1
16	161	Banister, Sydney	95 U of Calgary	1:38.46	1:39.79	1
17	219	Haider, Cassie	94 Cougars	1:44.58	1:42.18	1
18	103	Ford, Emilie	93 U of Manitoba	1:39.73	1:43.02	1
19	212	Doyle, Ricki	95 Cougars	1:42.21	1:43.87	1
--	182	Kanuka, Gloria	91 U of Calgary	1:40.36	SCR	
--	8	Harradine, Meg	94 TWU	1:38.88	SCR	
--	251	Banks, Amanda	91 University of Sask	1:29.58	SCR	



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****Women 1000 Metre Run**

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 Canada West: # 2:45.10 2/2/1988 Trish Wellman, U of Victoria

CIS Standard: @ 2:49.64

CIS Record: ! 2:42.81 1988 Paula Schnurr, McMaster

Name	Year	Team	Seed	Finals	H#	Points
1	198	Westaway, Jenna	94 U of Calgary	2:45.25	2:44.55#	2 7
2	11	Inglis, Sarah	TWU	2:48.15	2:46.87@	2 5
3	3	Benson, Fiona	92 TWU	2:52.34	2:47.68@	2 4
4	251	Banks, Amanda	91 University of Sask	2:48.90	2:48.52@	2 3
5	170	Cook-Clarke, Emma	93 U of Calgary	2:56.25	2:49.55@	2 2
6	148	McInnis, Shauna	92 U of Victoria	2:50.83	2:51.67	2 1
7	139	Annear, Grace	92 U of Victoria	2:53.84	2:53.80	2
8	158	Soderberg, Nicole	92 U of Victoria	2:50.88	2:57.63	2
9	254	Buettner, Tye	94 University of Sask	3:00.44	2:59.15	1
10	255	Charles, Elecktra	92 University of Sask	2:57.05	3:00.89	2
11	142	Cote, Halley	93 U of Victoria	3:00.74	3:04.67	1
12	211	Davis, Anneliese	94 Cougars	3:09.38	3:05.96	1
13	103	Ford, Emilie	93 U of Manitoba	3:08.02	3:09.56	1
14	70	Fischer, Sinclaire	U of Lethbridge	3:26.48	3:26.16	1
--	182	Kanuka, Gloria	91 U of Calgary	3:00.61	SCR	
--	95	Dubois, Nicole	91 U of Manitoba	3:01.00	SCR	
--	161	Banister, Sydney	95 U of Calgary	3:04.50	SCR	
--	173	Dirk, Ariana	94 U of Calgary	3:01.14	SCR	

Women 1500 Metre Run

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 Canada West: # 4:19.96 3/3/1981 Debbie Scott, U of Victoria

CIS Standard: @ 4:28.71

CIS Record: ! 4:16.41 1988 Paula Schnurr, McMaster

Name	Year	Team	Seed	Finals	H#	Points
1	11	Inglis, Sarah	TWU	4:25.75	4:26.86@	2 7
2	148	McInnis, Shauna	92 U of Victoria	4:28.16	4:32.44	2 5
3	170	Cook-Clarke, Emma	93 U of Calgary	4:37.93	4:33.24	2 4
4	13	Jackson, Alison	88 TWU	4:31.41	4:33.38	2 3
5	28	Yee, Regan	TWU	4:36.76	4:35.52	2 2
6	130	Sass, Rebekah	95 U of Manitoba	4:37.16	4:36.68	2 1
7	3	Benson, Fiona	92 TWU	4:27.54	4:38.39	2
8	147	MacDonald, Madelin	90 U of Victoria	4:40.00	4:42.76	2
9	95	Dubois, Nicole	91 U of Manitoba	4:38.12	4:44.99	2
10	246	Westberg, Avery	93 Cougars	4:51.86	4:46.17	2
11	159	Van Vliet, Jenna	92 U of Victoria	4:42.74	4:46.47	2
12	182	Kanuka, Gloria	91 U of Calgary	4:51.03	4:49.70	2
13	146	King, Brittany	95 U of Victoria		4:50.16	1
14	54	O'Sullivan, Carly	95 UA Bears/Pandas	4:58.85	4:51.53	1
15	244	Van Eaton, Jesse	95 Cougars	4:52.75	4:55.00	1
16	8	Harradine, Meg	94 TWU		4:55.94	1



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Women 1500 Metre Run**

17	30	Buzikievich, Amy	91	UA Bears/Pandas	4:50.98	4:58.83	2
18	37	Englert, Isabella	92	UA Bears/Pandas	4:57.92	5:02.50	1
19	243	Strueby, Erin	95	Cougars	5:08.71	5:05.94	1
20	282	Rees, Sonia	94	University of Sask	5:05.75	5:21.68	1
21	79	Morris, Krista		U of Lethbridge	5:24.46	5:32.22	1
22	70	Fischer, Sinclaire		U of Lethbridge	5:24.27	5:37.17	1
--	49	Lawley, Morgan	94	UA Bears/Pandas	4:57.50	DNS	1
--	173	Dirk, Ariana	94	U of Calgary	4:54.81	DNS	1
--	144	Gellner, Savannah	95	U of Victoria		SCR	
--	275	Mentanko, Brooke	94	University of Sask	4:45.97	SCR	

Women 3000 Metre Run

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 Canada West: # 9:15.43 2/2/1988 Brenda Shackleton, U of Victoria
 CIS Standard: @ 9:45.93
 CIS Record: ! 9:04.88 1988 Brenda Shackleton, Victoria

Name	Year	Team	Seed	Finals	Points	
1	13	Jackson, Alison	88 TWU	9:36.22	10:11.95	7
2	28	Yee, Regan	TWU	9:40.39	10:14.02	5
3	147	MacDonald, Madelin	90 U of Victoria	9:51.71	10:14.11	4
4	159	Van Vliet, Jenna	92 U of Victoria		10:21.63	3
5	146	King, Brittany	95 U of Victoria	10:17.73	10:31.00	2
6	30	Buzikievich, Amy	91 UA Bears/Pandas	10:22.68	10:31.35	1
7	246	Westberg, Avery	93 Cougars	10:25.67	10:38.57	
8	244	Van Eaton, Jesse	95 Cougars	10:37.54	10:40.58	
9	243	Strueby, Erin	95 Cougars	11:11.13	11:08.11	
10	288	Traves, Joanne	91 University of Sask	11:20.16	11:31.89	
--	11	Inglis, Sarah	TWU	9:27.78	SCR	
--	144	Gellner, Savannah	95 U of Victoria		SCR	
--	49	Lawley, Morgan	94 UA Bears/Pandas	10:35.03	SCR	

Women 60 Metre Hurdles .84m**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

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 0.84m: 13m to first, then every 8.5m (purple marks)
 Canada West: # 8.24 2/2/2007 Jessica Zelinka, U of Calgary
 CIS Standard: @ 8.60
 CIS Record: ! 8.23 1997 Sonia Paquette, Sherbrooke

Name	Year	Team	Seed	Prelims	H#
Preliminaries					
1	292	Young, Michelle	92 University of Sask	8.41	@ 8.37Q 2
2	190	Machin, Rachel	92 U of Calgary	8.57	8.71Q 1
3	22	Ross, Hazel	93 TWU	8.65	@ 8.59Q 2
4	276	Nyame, Astrid	94 University of Sask	8.81	8.81Q 1
5	4	Daly, Maya	94 TWU	9.02	8.86Q 1



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Women 60 Metre Hurdles .84m**

6	168	Charlesworth, Nico	94	U of Calgary	8.92	8.97Q	2
7	191	McIntosh, Rachael	91	U of Calgary	8.83	8.97q	1
8	188	Lehner, Katelyn	95	U of Calgary	8.79	9.00q	2
9	192	Mebude, Deborah	95	U of Calgary	8.96	9.03	1
10	65	Wilkes, Courtney	89	UA Bears/Pandas	8.86	9.23	2
11	290	Wiens, Courtney	92	University of Sask	9.21	9.28	2
12	63	Van Ryswyk, Kathryn	95	UA Bears/Pandas	9.18	9.37	2
--	231	Margetts, Merissa	91	Cougars	8.61	DNF	1

Women 60 Metre Hurdles .84m

0.84m: 13m to first, then every 8.5m (purple marks)

Canada West: # 8.24 2/2/2007 Jessica Zelinka, U of Calgary

CIS Standard: @ 8.60

CIS Record: ! 8.23 1997 Sonia Paquette, Sherbrooke

Name	Year	Team	Prelims	Finals	Points
=====					
Finals					
1	292	Young, Michelle	92 University of Sask	8.37	8.47@ 7
2	22	Ross, Hazel	93 TWU	8.59	8.60@ 5
3	190	Machin, Rachel	92 U of Calgary	8.71	8.62 4
4	4	Daly, Maya	94 TWU	8.86	8.75 3
5	276	Nyame, Astrid	94 University of Sask	8.81	8.81 2
6	191	McIntosh, Rachael	91 U of Calgary	8.97	8.95 1
7	168	Charlesworth, Nico	94 U of Calgary	8.97	8.96
8	188	Lehner, Katelyn	95 U of Calgary	9.00	9.00
Preliminaries					
9	192	Mebude, Deborah	95 U of Calgary	9.03	
10	65	Wilkes, Courtney	89 UA Bears/Pandas	9.23	
11	290	Wiens, Courtney	92 University of Sask	9.28	
12	63	Van Ryswyk, Kathryn	95 UA Bears/Pandas	9.37	
--	231	Margetts, Merissa	91 Cougars	DNF	

Women 4x200 Metre Relay

Canada West: # 1:38.47 2/2/2000 U of Sask

L Boyd, K Serby, A Brockman, D Mengel

CIS Standard: @ 1:41.43

CIS Record: ! 1:36.53 3/9/2013 Toronto, Toronto

K Bingham, A Brown, S Wells, N Geiger

Team	Seed	Finals	Points
=====			
Finals			
1	U Alberta Golden Bears/ Pandas	1:43.13	1:41.07@ 10
1)	45 Hrycun, Alexa 94	2)	35 Clonfero, Daniella 93
3)	50 Lotholz, Melissa 92	4)	42 Gervais, Monique 94
2	Trinity Western University	1:41.53	1:41.39@ 8



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Women 4x200 Metre Relay**

1) 16 Nettey, Sabrina 90	2) 22 Ross, Hazel 93		
3) 19 Pearse, Anastasia 88	4) 27 Whitehead, Liza 87		
3 University of Calgary		1:44.47	1:43.36 6
1) 169 Collins, Cassandre 94	2) 200 Zimmer, Jenn 89		
3) 195 Owens, Katie 95	4) 180 Hernandez, Isabella 92		
4 University of Sask		1:44.91	1:44.11 4
1) 280 Promhouse, Ashley 93	2) 283 Ritchie, Katrin 92		
3) 293 Zemlak, Sophia 94	4) 276 Nyame, Astrid 94		
5 U of Manitoba		1:43.22	1:44.12 2
1) 136 Wanigasekara, Sasanie 95	2) 106 Graceffo, Amy 94		
3) 137 Waters, Mallory 93	4) 111 Huebert, Sarah 92		
6 University of Regina Cougars		1:43.12	1:44.29 1
1) 206 Becker, Joy 94	2) 231 Margetts, Merissa 91		
3) 238 Propp, Adrea 92	4) 227 Lavoy, Renee 95		

Women 4x400 Metre Relay

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 Canada West: # 3:45.19 2/23/2013 U of Calgary, U of Calgary
 D. Kendall, K. Lotwin, R. McIntosh, J. Westaway

CIS Standard: @ 3:51.64

CIS Record: ! 3:41.47 3/10/2012 U of Toronto, Toronto
 A Brown, R Jewett, F Callender, S Wells

Team	Seed	Finals	Points
1 U of Victoria	3:50.30	3:47.98@	10
1) 143 Francois, Rachel 95	2) 158 Soderberg, Nicole 92		
3) 149 Moore, Jenica 91	4) 139 Annear, Grace 92		
2 University of Calgary	3:50.40	3:49.04@	8
1) 191 McIntosh, Rachael 91	2) 169 Collins, Cassandre 94		
3) 188 Lehner, Katelyn 95	4) 198 Westaway, Jenna 94		
3 Trinity Western University	3:54.76	3:55.28	6
1) 4 Daly, Maya 94	2) 11 Inglis, Sarah		
3) 23 Shuttleworth, Rachel	4) 19 Pearse, Anastasia 88		
4 University of Sask	3:50.16	4:01.41	4
1) 293 Zemlak, Sophia 94	2) 286 Taylor, Lauren 91		
3) 255 Charles, Elecktra 92	4) 265 Hooper, Kirsten 94		
5 University of Regina Cougars	4:04.26	4:01.95	2
1) 227 Lavoy, Renee 95	2) 211 Davis, Anneliese 94		
3) 231 Margetts, Merissa 91	4) 238 Propp, Adrea 92		
6 U of Manitoba	3:59.55	4:12.10	1
1) 106 Graceffo, Amy 94	2) 104 Gelhorn, Amy 94		
3) 95 Dubois, Nicole 91	4) 130 Sass, Rebekah 95		
-- U Alberta Golden Bears/ Pandas		SCR	
1) 34 Cieslelski, Maegan 93	2) 45 Hrycun, Alexa 94		
3) 57 Sallis, Bailey 95	4) 35 Clonfero, Daniella 93		



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014

Universiade Pavilion, University of Alberta

Results

Women 4x800 Metre Relay

Team	Seed	Finals	Points
Canada West: # 8:46.94 2/23/2013 U of Victoria R. Francois, K. Pomfret, G. Annear, J. Moore			
CIS Standard: @ 9:03.95			
CIS Record: ! 8:41.66 1988 , Victoria Jones, Meagher, Shackleton, Wellman			
1 U of Victoria		8:55.24@	10
1) 158 Soderberg, Nicole 92	2) 149 Moore, Jenica 91		
3) 139 Annear, Grace 92	4) 143 Francois, Rachel 95		
2 Trinity Western University	9:04.41	9:09.03	8
1) 8 Harradine, Meg 94	2) 3 Benson, Fiona 92		
3) 13 Jackson, Alison 88	4) 11 Inglis, Sarah		
3 U of Manitoba	9:11.15	9:18.00	6
1) 104 Gelhorn, Amy 94	2) 111 Huebert, Sarah 92		
3) 95 Dubois, Nicole 91	4) 130 Sass, Rebekah 95		
4 University of Sask	9:06.49	9:31.20	4
1) 254 Buettner, Tye 94	2) 293 Zemplak, Sophia 94		
3) 282 Rees, Sonia 94	4) 255 Charles, Elecktra 92		
5 University of Calgary	9:01.74	9:32.17	2
1) 173 Dirk, Ariana 94	2) 170 Cook-Clarke, Emma 93		
3) 182 Kanuka, Gloria 91	4) 161 Banister, Sydney 95		
-- U Alberta Golden Bears/ Pandas	9:49.79	DQ	163.2
1) 49 Lawley, Morgan 94	2) 57 Sallis, Bailey 95		
3) 54 O'Sullivan, Carly 95	4) 37 Englert, Isabella 92		
-- University of Regina Cougars		SCR	

Women High Jump

Starting height: 1.42m, then up by 5cm increments to 1.57m, then up by 3cm increments.

Name	Year	Team	Seed	Finals	Points
Canada West: # 1.85m 2/23/2013 Emma Nutall, Trinity Western					
CIS Standard: @ 1.72m					
CIS Record: ! 1.87m 1986 Tami Lutz, UBC					
1 18 Nuttall, Emma	92	TWU	1.86m	1.84m@	7
1.52 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.86 1.88					
P P P P P O P XO P XO XO P XXX					
2 190 Machin, Rachel	92	U of Calgary		1.81m@	5
1.52 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84					
P P P P P O P XO P XO XXX					
3 286 Taylor, Lauren	91	University of Sask	1.71m	1.72m@	4
1.52 1.57 1.60 1.63 1.66 1.69 1.72 1.75					
P P O O O XO XXO XXX					



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Women High Jump**

4	122	Paetsch, Tamara	94	U of Manitoba	1.60m	1.66m	3
		1.52 1.57 1.60 1.63 1.66 1.69					
		O O O XXO XO XXX					
5	112	Lychuk, Brooke	93	U of Manitoba	1.61m	1.63m	1.50
		1.52 1.57 1.60 1.63 1.66					
		O XO O XO XXX					
5	239	Rumpel, Megan	93	Cougars	1.60m	1.63m	1.50
		1.52 1.57 1.60 1.63 1.66					
		O XO O XO XXX					
7	133	Stoesz, Meredith	90	U of Manitoba	1.63m	1.60m	
		1.52 1.57 1.60 1.63					
		O O O XXX					
7	220	Haselhan, Shalane	91	Cougars	1.61m	1.60m	
		1.52 1.57 1.60 1.63					
		O O O XXX					
7	168	Charlesworth, Nico	94	U of Calgary	1.59m	1.60m	
		1.52 1.57 1.60 1.63					
		P P O XXX					
10	185	Kolodinsky, Jamie	95	U of Calgary	1.65m	1.60m	
		1.52 1.57 1.60 1.63					
		XO XXO XXO XXX					
11	268	Kabatoff, Danielle	93	University of Sask	1.55m	1.57m	
		1.52 1.57 1.60					
		XO O XXX					
12	194	Ochosky, Brianna	95	U of Calgary	1.63m	1.57m	
		1.52 1.57 1.60					
		O XO XXX					
13	188	Lehner, Katelyn	95	U of Calgary	1.60m	1.52m	
		1.52 1.57					
		O XXX					
--	106	Graceffo, Amy	94	U of Manitoba	1.59m	SCR	
--	229	Lucas, Hayley	95	Cougars	1.55m	SCR	

Women Pole Vault

Starting height: 2.72m, then up by 15cm increments to 3.32m,
then by 10cm to 3.82m, then up by 5cm increments.

Canada West: # 4.20m 2/2/2005 Kelsie Hendry, U of Sask

CIS Standard: @ 4.00m

CIS Record: ! 4.23m 2010 Heather Hamilton, York

Name	Year	Team	Seed	Finals	Points		
1	197	Stephenson, Kimber	91	U of Calgary	3.90m	3.92m	7
		3.82 3.87 3.92 4.02					
		O P XO XXX					



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Results

....Women Pole Vault

2	125 Richards, Melissa	93 U of Manitoba	3.60m	3.62m	4.50
	3.42 3.52 3.62 3.72				
	0 XO 0 XXX				
2	270 le Roux, Mignon	93 University of Sask	3.75m	3.62m	4.50
	3.42 3.52 3.62 3.72				
	XO 0 0 XXX				
4	258 Erickson, Courtney	93 University of Sask	3.70m	3.62m	3
	3.42 3.52 3.62 3.72				
	0 XXO XXO XXX				
5	63 Van Ryswyk, Kathry	95 UA Bears/Pandas	3.45m	3.52m	2
	3.42 3.52 3.62				
	XO 0 XXX				
6	29 Zuniga-Padilla, Iv	89 TWU	3.51m	3.52m	1
	3.42 3.52 3.62				
	0 XXO XXX				
7	274 McGregor, Taylor	94 University of Sask	3.40m	3.32m	
	3.02 3.17 3.32 3.42				
	0 0 0 XXX				
8	253 Buettner, Jessica	94 University of Sask	3.31m	3.17m	
	3.02 3.17				
	XO XO				
9	195 Owens, Katie	95 U of Calgary	3.00m	2.87m	
	2.72 2.87 3.02				
	0 XO XXX				

Women Long Jump

=====

Flight 2 will start at 7:30 p.m.

Canada West: # 6.10m 2/2/1993 Vanessa Monar, U of Sask

CIS Standard: @ 5.82m

CIS Record: ! 6.24m 2001 Jocelyn Adu-Gyamfi, Toronto

Name	Year Team	Seed	Finals	Points
1 16 Nettey, Sabrina	90 TWU	6.01m	6.32m!	7
5.98m 6.04m	6.32m			
2 190 Machin, Rachel	92 U of Calgary	6.01m	5.91m@	5
FOUL 5.91m	FOUL 5.78m 5.77m			
3 22 Ross, Hazel	93 TWU	5.59m	5.81m	4
4.95m 5.42m 5.79m	5.56m 5.81m			
4 206 Becker, Joy	94 Cougars	5.97m	5.76m	2.50
5.56m 5.76m 5.62m	5.69m FOUL 5.70m			
4 276 Nyame, Astrid	94 University of Sask	5.68m	5.76m	2.50
5.76m FOUL 5.66m				
6 220 Haselhan, Shalane	91 Cougars	5.50m	5.63m	1
5.46m 5.33m FOUL FOUL	5.61m 5.63m			
7 191 McIntosh, Rachael	91 U of Calgary	5.85m	5.54m	
4.23m 5.38m	5.52m 5.54m FOUL			



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Women Long Jump**

8	188 Lehner, Katelyn	95 U of Calgary	5.55m	5.47m
	FOUL 5.47m			
9	185 Kolodinsky, Jamie	95 U of Calgary	5.42m	5.34m
	5.34m FOUL FOUL			
10	168 Charlesworth, Nico	94 U of Calgary	4.87m	5.32m
	5.32m 5.32m			
11	64 Weeks, Allison	95 UA Bears/Pandas	5.28m	5.31m
	FOUL 5.31m FOUL			
12	247 White, Julia	92 Cougars	5.34m	5.24m
	FOUL 5.24m FOUL			
13	183 Kendall, Allison	93 U of Calgary	5.30m	5.19m
	4.91m 5.19m FOUL			
14	60 Ure, Megan	92 UA Bears/Pandas	5.28m	5.15m
	5.15m 5.15m 5.11m			
15	186 Kretzer, Megan	94 U of Calgary	4.73m	5.11m
	5.11m FOUL 4.83m			
16	268 Kabatoff, Danielle	93 University of Sask	5.00m	5.09m
	5.05m FOUL 5.09m			
17	260 Garchinski, Brittn	94 University of Sask	4.69m	4.86m
	4.64m 4.66m 4.86m			
18	83 Shaw, Kindra	U of Lethbridge	4.13m	4.27m
	3.92m 4.27m 4.17m			
--	208 Bohachewski, Kelse	92 Cougars	5.60m	FOUL
	FOUL			
--	290 Wiens, Courtney	92 University of Sask	5.31m	FOUL
	FOUL FOUL FOUL			
--	225 Koblun, Megan	95 Cougars	5.01m	SCR

Women Triple Jump

=====
 Canada West: # 12.54m 2/23/2008 Janine Polischuk, U of Regina

CIS Standard: @ 12.05m

CIS Record: ! 13.01m 1993 Kelly Dinsmore, Windsor

Name	Year	Team	Seed	Finals	Points
1 16 Nettey, Sabrina	90	TWU	11.82m	12.07m@	7
		11.92m 11.88m PASS PASS		12.07m	
2 60 Ure, Megan	92	UA Bears/Pandas	11.79m	11.71m	5
		11.15m 11.52m 11.58m 11.71m 11.60m 11.48m			
3 1 Akehurst, Ayla	94	TWU	11.19m	11.67m	4
		11.67m FOUL 11.35m FOUL 11.46m 11.53m			
4 183 Kendall, Allison	93	U of Calgary	11.92m	11.61m	3
		11.47m 11.61m 11.25m 11.58m 9.81m 11.61m			
5 107 Gundrum, Amanda	91	U of Manitoba	11.41m	11.59m	2
		11.59m 11.47m 11.40m 11.24m 11.54m 11.56m			
6 206 Becker, Joy	94	Cougars	11.36m	11.40m	1
		10.72m 11.40m 11.39m 11.20m 11.12m 11.00m			



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Women Triple Jump**

7	64 Weeks, Allison	95 UA Bears/Pandas	11.35m	11.09m
	FOUL 11.00m 10.99m 10.93m	FOUL 11.09m		
8	136 Wanigasekara, Sasa	95 U of Manitoba	11.18m	11.01m
	10.89m 10.97m 10.80m	10.84m 10.87m 11.01m		
9	273 Manske, Naomi	94 University of Sask	11.07m	10.88m
	10.88m FOUL FOUL			
10	186 Kretzer, Megan	94 U of Calgary	10.98m	10.78m
	10.78m 10.62m 10.71m			
11	268 Kabatoff, Danielle	93 University of Sask		10.77m
	FOUL 10.77m FOUL			
12	214 Erlandson, Emilie	95 Cougars	10.26m	10.03m
	FOUL 10.01m 10.03m			
13	22 Ross, Hazel	93 TWU		9.77m
	9.77m PASS PASS			
--	225 Koblun, Megan	95 Cougars	10.55m	FOUL
	FOUL FOUL FOUL			
--	65 Wilkes, Courtney	89 UA Bears/Pandas	12.22m	SCR

Women Shot Put 4 kg

=====						
Canada West: # 15.36m 2/2/1999 Shannon Kekuka, U of Sask						
CIS Standard: @ 13.37m						
CIS Record: ! 15.72m 2011 Taryn Suttie, Saskatchewan						
Name	Year	Team	Seed	Finals	Points	
=====						
1	285 Suttie, Taryn	90 University of Sask	15.92m	16.05m!	7	
	16.05m 16.03m 16.02m	16.00m FOUL 15.95m				
2	178 Groenveld, Samme	91 U of Calgary	13.75m	13.26m	5	
	11.68m 13.26m 13.10m	12.94m 13.23m FOUL				
3	191 McIntosh, Rachael	91 U of Calgary	12.63m	13.26m	4	
	13.26m 12.76m FOUL FOUL	12.44m FOUL				
4	73 Gallagher, Kayla	U of Lethbridge		13.17m	3	
	13.17m FOUL 12.72m FOUL	12.69m 13.01m				
5	216 Fortier, Elisabeth	93 Cougars	11.18m	12.44m	2	
	10.62m 11.07m 11.62m	10.60m 10.83m 12.44m				
6	226 Labrecque, Chantel	91 Cougars	12.42m	12.39m	1	
	12.29m 12.39m FOUL 11.62m	11.97m FOUL				
7	190 Machin, Rachel	92 U of Calgary	11.67m	12.09m		
	10.27m 12.09m FOUL					
8	218 Giroux, Kalyn	94 Cougars	12.20m	11.84m		
	11.40m 11.84m 10.95m	10.84m FOUL 11.27m				
9	253 Buettner, Jessica	94 University of Sask	11.70m	11.55m		
	11.18m 11.55m 10.94m	9.75m 11.23m 10.76m				
10	119 Ocran, Michelle	87 U of Manitoba	12.30m	11.34m		
	11.16m 11.34m 10.70m					
11	278 Olenick, Olena	94 University of Sask	11.05m	11.21m		
	10.34m 10.66m 11.21m					



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12	96 Dupuis, Jolene	92 U of Manitoba	11.68m	11.05m
	11.05m FOUL FOUL			
13	277 Olchoway, Janelle	89 University of Sask	11.23m	10.96m
	10.61m 10.96m 10.69m			
14	81 Roth, Lara	U of Lethbridge	11.44m	10.94m
	10.43m 10.94m 10.82m			
15	287 Thorpe, Nakia	94 University of Sask	10.46m	10.70m
	9.79m 10.70m 9.96m			
16	77 Marin, Diane	U of Lethbridge	10.82m	10.51m
	10.50m 10.30m 10.51m			

Women Weight Throw 20 lb

=====

Flight 2 will start twenty minutes after
Flight 1 finishes.

Canada West: # 19.89m 2/26/2011 Heather Steacy, U of Lethbridge

CIS Standard: @ 16.74m

CIS Record: ! 19.66m 2005 Kate Forbes, Lethbridge

Name	Year Team	Seed	Finals	Points
1	73 Gallagher, Kayla U of Lethbridge	17.95m	18.48m@	7
	FOUL FOUL 18.48m FOUL FOUL FOUL			
2	285 Suttie, Taryn 90 University of Sask	18.43m	17.73m@	5
	FOUL 17.43m FOUL 17.64m 17.73m FOUL			
3	43 Heshka-Wolf, Ciera 91 UA Bears/Pandas	16.65m	15.67m	4
	15.67m 15.53m FOUL 15.07m FOUL FOUL			
4	278 Olenick, Olena 94 University of Sask	12.91m	15.61m	3
	13.38m 13.39m 15.48m 15.61m 15.20m 14.36m			
5	226 Labrecque, Chantel 91 Cougars	15.45m	15.18m	2
	15.18m 14.35m 14.49m 14.96m FOUL 13.87m			
6	216 Fortier, Elisabeth 93 Cougars	13.90m	15.08m	1
	FOUL FOUL 14.06m 14.41m 14.90m 15.08m			
7	232 Mayne, Julie 95 Cougars	14.30m	13.98m	
	13.77m 13.48m 13.98m FOUL FOUL FOUL			
8	90 Balasko, Allison 92 U of Manitoba	15.32m	13.94m	
	13.94m 13.59m FOUL 13.21m 13.91m FOUL			
9	277 Olchoway, Janelle 89 University of Sask	14.54m	13.92m	
	13.82m 13.60m 13.92m			
10	119 Ocran, Michelle 87 U of Manitoba	13.67m	13.84m	
	13.66m 13.84m 13.43m			
11	248 Wolfe, Danika 92 Cougars	14.22m	13.51m	
	13.10m FOUL 13.51m			
12	101 Ferris, Karen 91 U of Manitoba	14.15m	13.41m	
	13.41m 11.84m FOUL			
13	178 Groenveld, Samme 91 U of Calgary	15.35m	13.27m	
	FOUL 13.27m FOUL			



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14	218 Giroux, Kalyne	94 Cougars	14.11m	13.15m
	12.62m 13.15m FOUL			
15	71 Forsyth, Montana	U of Lethbridge	14.57m	13.07m
	FOUL 12.89m 13.07m			
16	96 Dupuis, Jolene	92 U of Manitoba	12.85m	12.74m
	11.34m FOUL 12.74m			
17	87 Weiler, Amanda	U of Lethbridge	13.26m	12.24m
	10.60m FOUL 12.24m			
18	77 Marin, Diane	U of Lethbridge	12.64m	11.98m
	11.98m FOUL 11.80m			
19	205 Bassingthwaite, Ky	93 Cougars	12.84m	11.83m
	11.83m FOUL FOUL			
--	81 Roth, Lara	U of Lethbridge	13.56m	FOUL
	FOUL FOUL FOUL			
--	89 Allary, Courtney	94 U of Manitoba	14.02m	SCR

Indoor Pentathlon: #5 Women 800 Metre Run Indoor Pentathlon

=====
 Event may be reseeded at the discretion
 of the Combined Events Referee.

Name	Year Team	Finals	Points
1 191 McIntosh, Rachael	91 U of Calgary	2:15.98	879
2 188 Lehner, Katelyn	95 U of Calgary	2:25.37	752
3 286 Taylor, Lauren	91 University of Sask	2:27.53	724
4 106 Graceffo, Amy	94 U of Manitoba	2:33.19	653
5 190 Machin, Rachel	92 U of Calgary	2:34.23	641
6 239 Rumpel, Megan	93 Cougars	2:42.97	539
7 276 Nyame, Astrid	94 University of Sask	2:49.66	467
8 168 Charlesworth, Nico	94 U of Calgary	2:51.01	453

Indoor Pentathlon: #1 Women 60 Metre Hurdles .84m Indoor Pentathlon

=====
 0.84m: 13m to first, then every 8.5m (purple marks)

Name	Year Team	Finals	Points
1 190 Machin, Rachel	92 U of Calgary	8.67	980
2 276 Nyame, Astrid	94 University of Sask	8.73	967
3 188 Lehner, Katelyn	95 U of Calgary	8.87	937
4 191 McIntosh, Rachael	91 U of Calgary	8.87	937
5 239 Rumpel, Megan	93 Cougars	9.06	897
6 286 Taylor, Lauren	91 University of Sask	9.07	895
7 168 Charlesworth, Nico	94 U of Calgary	9.08	893
8 106 Graceffo, Amy	94 U of Manitoba	9.38	832



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

Name	Year Team	Finals	Points
1 190 Machin, Rachel	92 U of Calgary	1.77m	941
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74	1.77 1.80	
P P P P P	P P P O O	XO XXX	
2 168 Charlesworth, Nico	94 U of Calgary	1.71m	867
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74		
P P P P O	O XO XO XO XXX		
3 286 Taylor, Lauren	91 University of Sask	1.68m	830
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71		
P P P P O	O O XO XXX		
4 191 McIntosh, Rachael	91 U of Calgary	1.65m	795
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68		
P P P P O	O XXO XXX		
5 188 Lehner, Katelyn	95 U of Calgary	1.62m	759
1.47 1.50 1.53 1.56 1.59	1.62 1.65		
P O O O XXO	XO XXX		
5 239 Rumpel, Megan	93 Cougars	1.62m	759
1.47 1.50 1.53 1.56 1.59	1.62 1.65		
P O P O O	O XXX		
7 276 Nyame, Astrid	94 University of Sask	1.56m	689
1.47 1.50 1.53 1.56 1.59			
P O XO XXO XXX			
7 106 Graceffo, Amy	94 U of Manitoba	1.56m	689
1.47 1.50 1.53 1.56 1.59			
O O O XXO XXX			

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year Team	Finals	Points
1 190 Machin, Rachel	92 U of Calgary	6.00m	850
5.86m 6.00m			
2 191 McIntosh, Rachael	91 U of Calgary	5.90m	819
3.78m 5.74m 5.90m			
3 276 Nyame, Astrid	94 University of Sask	5.84m	801
FOUL 5.79m 5.84m			
4 188 Lehner, Katelyn	95 U of Calgary	5.83m	798
5.54m 5.83m 5.39m			
5 106 Graceffo, Amy	94 U of Manitoba	5.33m	651
5.25m 5.33m 5.22m			
6 168 Charlesworth, Nico	94 U of Calgary	5.30m	643
4.95m 5.25m 5.30m			
7 286 Taylor, Lauren	91 University of Sask	5.21m	617
4.91m 5.21m 4.96m			
8 239 Rumpel, Megan	93 Cougars	5.00m	559
4.84m 5.00m 4.92m			



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****Indoor Pentathlon: #3 Women Shot Put 4 kg Indoor Pentathlon**

Name	Year Team	Finals	Points
1 191 McIntosh, Rachael 12.40m 12.89m 13.25m	91 U of Calgary	13.25m	744
2 190 Machin, Rachel 11.66m 11.96m 11.56m	92 U of Calgary	11.96m	658
3 286 Taylor, Lauren 10.37m 10.05m 11.06m	91 University of Sask	11.06m	599
4 239 Rumpel, Megan 8.59m 11.00m FOUL	93 Cougars	11.00m	595
5 106 Graceffo, Amy 10.05m 10.00m 10.20m	94 U of Manitoba	10.20m	543
6 276 Nyame, Astrid 9.18m 9.27m 10.19m	94 University of Sask	10.19m	542
7 168 Charlesworth, Nico FOUL 9.34m 9.33m	94 U of Calgary	9.34m	486
8 188 Lehner, Katelyn 8.81m 9.24m 9.22m	95 U of Calgary	9.24m	480

Women Indoor Pentathlon

Canada West: # 4386 2/2/2007 Jessica Zelinka, U of Calgary
 CIS Standard: @ 3561
 CIS Record: ! 4380 2007 Jessica Zelinka, Calgary

Name	Year Team	Seed	Finals	Points
1 191 McIntosh, Rachael	91 U of Calgary	4051	4174@	10
2 190 Machin, Rachel	92 U of Calgary		4070@	8
3 188 Lehner, Katelyn	95 U of Calgary	3568	3726@	6
4 286 Taylor, Lauren	91 University of Sask	3578	3665@	4
5 276 Nyame, Astrid	94 University of Sask	3335	3466	2
6 106 Graceffo, Amy	94 U of Manitoba	3411	3368	1
7 239 Rumpel, Megan	93 Cougars	2295	3349	
8 168 Charlesworth, Nico	94 U of Calgary	3045	3342	
-- 22 Ross, Hazel	93 TWU		SCR	
-- 208 Bohachewski, Kelse	92 Cougars	3425	SCR	

Men 60 Metre Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Canada West: # 6.59 2/26/2011 Sam Effah, U of Calgary
 CIS Standard: @ 6.84
 CIS Record: ! 6.57 2010 Sam Effah, Calgary

Name	Year Team	Seed	Prelims	H#
Preliminaries				
1 262 Hanna, Kenrick	90 University of Sask	6.85	@ 6.74Q	2



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Results

....Men 60 Metre Dash

2	210 Campbell, Tevaughn	93 Cougars	6.82	6.94Q	3
3	167 Bymoen, Alex	94 U of Calgary	6.91	6.98Q	1
4	176 Ezetah, Chinedu	91 U of Calgary	6.95	6.97Q	2
5	128 Samking, Wilfred	92 U of Manitoba	6.97	6.97Q	3
6	12 Innes, Calum	90 TWU	7.11	7.04Q	1
7	2 Ayin, Nicholas	93 TWU	7.13	7.03q	3
8	14 Linde, James	94 TWU	7.03	7.04q	2
9	207 Bloom, Connor	93 Cougars	7.03	7.08	3
10	55 Pohl, Quintin	91 UA Bears/Pandas	7.12	7.09	1
11	7 George, Nathan	94 TWU	6.91	7.10	1
12	201 Alkabary, Ahmed	93 Cougars	7.17	7.22	1
13	162 Bell, Ryley	95 U of Calgary	7.16	7.23	2
14	53 McPhee, Stephen	91 UA Bears/Pandas	7.12	7.27	2
15	281 Pylypow, Brody	94 University of Sask	7.45	7.33	3
16	131 Sesay, Abdul	93 U of Manitoba	7.22	7.40	1
17	80 Rockerbie, Philip	U of Lethbridge	7.42	7.41	2
18	160 Addo-Osafo, Kwaku	95 U of Calgary	7.69	7.68	3
19	84 Shipton, Jack	U of Lethbridge	7.77	7.78	2
20	291 Williams, Lenny	92 University of Sask	7.14	8.15	3

Men 60 Metre Dash

=====
 Canada West: # 6.59 2/26/2011 Sam Effah, U of Calgary
 CIS Standard: @ 6.84
 CIS Record: ! 6.57 2010 Sam Effah, Calgary

Name	Year	Team	Prelims	Finals	Points
=====					
Finals					
1	262	Hanna, Kenrick	90 University of Sask	6.74	6.69@ 7
2	176	Ezetah, Chinedu	91 U of Calgary	6.97	6.86 5
3	210	Campbell, Tevaughn	93 Cougars	6.94	6.87 4
4	128	Samking, Wilfred	92 U of Manitoba	6.97	6.92 3
5	14	Linde, James	94 TWU	7.04	6.98 2
6	167	Bymoen, Alex	94 U of Calgary	6.98	6.98 1
7	12	Innes, Calum	90 TWU	7.04	7.01
8	2	Ayin, Nicholas	93 TWU	7.03	7.02

Preliminaries					
9	207	Bloom, Connor	93 Cougars	7.08	
10	55	Pohl, Quintin	91 UA Bears/Pandas	7.09	
11	7	George, Nathan	94 TWU	7.10	
12	201	Alkabary, Ahmed	93 Cougars	7.22	
13	162	Bell, Ryley	95 U of Calgary	7.23	
14	53	McPhee, Stephen	91 UA Bears/Pandas	7.27	
15	281	Pylypow, Brody	94 University of Sask	7.33	
16	131	Sesay, Abdul	93 U of Manitoba	7.40	
17	80	Rockerbie, Philip	U of Lethbridge	7.41	
18	160	Addo-Osafo, Kwaku	95 U of Calgary	7.68	



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Men 60 Metre Dash**

19	84 Shipton, Jack	U of Lethbridge	7.78
20	291 Williams, Lenny	92 University of Sask	8.15

Men 300 Metre Dash**8 Advance: Top 1 Each Heat plus Next 3 Best Times**

Canada West: # 33.56 2/2/1984 Cyprian Enweani, U of Sask

CIS Standard: @ 34.44

CIS Record: ! 33.40 1999 Alex Marchand, Sherbrooke

Name	Year	Team	Seed	Prelims	H#	
1	171	Dargie, Andrew	87 U of Calgary	34.37	34.73Q	4
2	7	George, Nathan	94 TWU	34.05	34.90Q	5
3	184	King, Garrett	93 U of Calgary	35.47	35.30Q	1
4	217	Gardner, Ethan	89 Cougars	35.34	35.47Q	2
5	102	Fitkowsky, Matthew	93 U of Manitoba	35.08	35.53Q	3
6	44	Home, Mitchell	92 UA Bears/Pandas	35.74	35.45q	1
7	55	Pohl, Quintin	91 UA Bears/Pandas	35.95	35.77q	3
8	129	Sampson, Terrence	92 U of Manitoba	35.78	36.23q	2
9	115	McMaster, Jamie	91 U of Manitoba	35.88	36.28	4
10	166	Bury-Jones, Stewar	89 U of Calgary	36.21	36.40	3
11	187	Krolikowski, Macie	91 U of Calgary	36.96	36.48	2
12	165	Breski, Josh	91 U of Calgary	35.97	36.49	5
13	127	Sader, Levi	94 U of Manitoba	36.41	36.64	2
14	203	Avery, Austin	95 Cougars	36.22	36.65	4
15	259	Fedyk, Alex	94 University of Sask	36.16	36.75	5
16	109	Heckert, Bryce	95 U of Manitoba	36.55	36.76	1
17	105	Goodz, Brett	95 U of Manitoba	36.48	36.90	1
18	266	Hretsina, Landon	89 University of Sask	36.66	37.25	3
19	56	Rosenke, Daniel	84 UA Bears/Pandas	36.65	37.40	4
20	117	Nicolas, Matthieu	95 U of Manitoba	37.02	37.46	5
21	272	Mandziuk, Daniel	94 University of Sask	37.52	37.67	4
22	124	Peters, Braedan	95 U of Manitoba	37.10	37.90	5
--	291	Williams, Lenny	92 University of Sask		DNF	1

Men 300 Metre Dash

Canada West: # 33.56 2/2/1984 Cyprian Enweani, U of Sask

CIS Standard: @ 34.44

CIS Record: ! 33.40 1999 Alex Marchand, Sherbrooke

Name	Year	Team	Prelims	Finals	H#	Points
Finals						
1	7	George, Nathan	94 TWU	34.90	34.34@	2 7
2	102	Fitkowsky, Matthew	93 U of Manitoba	35.53	35.32	1 5
3	44	Home, Mitchell	92 UA Bears/Pandas	35.45	35.68	1 4
4	217	Gardner, Ethan	89 Cougars	35.47	35.69	2 3



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Men 300 Metre Dash**

5	184 King, Garrett	93 U of Calgary	35.30	35.80	2	2
6	55 Pohl, Quintin	91 UA Bears/Pandas	35.77	35.84	1	1
7	129 Sampson, Terrence	92 U of Manitoba	36.23	36.58	1	
--	171 Dargie, Andrew	87 U of Calgary	34.73	DQ	2	Rule 163.3
Preliminaries						
9	115 McMaster, Jamie	91 U of Manitoba	36.28			
10	166 Bury-Jones, Stewar	89 U of Calgary	36.40			
11	187 Krolikowski, Macie	91 U of Calgary	36.48			
12	165 Breski, Josh	91 U of Calgary	36.49			
13	127 Sader, Levi	94 U of Manitoba	36.64			
14	203 Avery, Austin	95 Cougars	36.65			
15	259 Fedyk, Alex	94 University of Sask	36.75			
16	109 Heckert, Bryce	95 U of Manitoba	36.76			
17	105 Goodz, Brett	95 U of Manitoba	36.90			
18	266 Hretsina, Landon	89 University of Sask	37.25			
19	56 Rosenke, Daniel	84 UA Bears/Pandas	37.40			
20	117 Nicolas, Matthieu	95 U of Manitoba	37.46			
21	272 Mandziuk, Daniel	94 University of Sask	37.67			
22	124 Peters, Braedan	95 U of Manitoba	37.90			
--	291 Williams, Lenny	92 University of Sask	DNF			

Men 600 Metre Run

=====
 Canada West: # 1:17.25 2/2/1994 Byron Goodwin, U of Manitoba

CIS Standard: @ 1:19.79

CIS Record: ! 1:16.10 1995 Bryon Goodwin, Manitoba

Name	Year	Team	Seed	Finals	H#	Points
Finals						
1	153 Restall, Brendon	94 U of Victoria	1:19.85	1:18.76@	3	7
2	236 Nystuen, Tait	91 Cougars	1:19.16	1:19.08@	3	5
3	261 Guenther, Davis	93 University of Sask	1:19.84	1:20.00	3	4
4	151 Pratt, John	90 U of Victoria	1:19.22	1:20.11	3	3
5	184 King, Garrett	93 U of Calgary	1:21.88	1:20.77	2	2
6	113 Mages, Cody	92 U of Manitoba	1:20.36	1:20.98	3	1
7	62 Van Mulligen, Matt	95 UA Bears/Pandas	1:22.24	1:21.63	2	
8	187 Krolikowski, Macie	91 U of Calgary	1:22.05	1:21.81	2	
9	263 Harrison, Emmett	93 University of Sask	1:22.48	1:21.84	2	
10	21 Prajea, Mihai	91 TWU	1:21.90	1:22.44	2	
11	235 Nystuen, Liam	94 Cougars	1:22.93	1:23.46	1	
12	199 Wittig, Luc	91 U of Calgary	1:22.53	1:23.63	2	
13	272 Mandziuk, Daniel	94 University of Sask	1:23.82	1:23.68	1	
14	157 Smith, Tyler	94 U of Victoria	1:19.14	1:23.91	3	
15	135 Vankoughnet, Joel	91 U of Manitoba	1:21.83	1:23.91	2	
16	94 Drover, Conrad	93 U of Manitoba	1:23.03	1:24.34	1	
17	124 Peters, Braedan	95 U of Manitoba		1:24.83	1	
18	132 Sheppard, Rhys	95 U of Manitoba	1:24.44	1:25.53	1	



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Men 600 Metre Run**

19	203 Avery, Austin	95 Cougars	1:22.79	1:25.86	1
20	221 Hauber, Evan	93 Cougars	1:26.01	1:25.93	1
--	171 Dargie, Andrew	87 U of Calgary	1:21.09	DNS	3
--	269 Kowalchuk, Ryan	93 University of Sask	1:22.32	SCR	
--	163 Bickley, Brad	91 U of Calgary	1:20.45	SCR	
--	15 Marshall, Adam	95 TWU		SCR	
--	174 Ebeling, Kurt	93 U of Calgary	1:24.90	SCR	

Men 1000 Metre Run

=====
 Canada West: # 2:23.03 2/2/1996 Daryl Fillion, U of Manitoba

CIS Standard: @ 2:24.99

CIS Record: ! 2:22.09 2012 Tommy Lecours, Guelph

Name	Year Team	Seed	Finals	Points
1 163 Bickley, Brad	91 U of Calgary	2:24.02	2:23.94@	7
2 154 Riva, Thomas	92 U of Victoria	2:23.63	2:23.97@	5
3 141 Collin, Olivier	89 U of Victoria	2:24.31	2:26.06	4
4 150 Peterson, Cole	93 U of Victoria	2:25.85	2:26.81	3
5 179 Hadfield, Gareth	92 U of Calgary	2:31.07	2:28.62	2
6 181 Justinen, Roman	94 U of Calgary	2:32.14	2:28.90	1
7 204 Baiton, Wyatt	91 Cougars	2:31.40	2:29.17	
8 233 McLean, Shawn	94 Cougars	2:39.12	2:35.74	
9 228 Lipp, Jaden	92 Cougars	2:33.53	2:36.02	
10 123 Paterson, Ben	94 U of Manitoba	2:39.25	2:37.98	
11 97 Dyck, Josh	94 U of Manitoba	2:34.96	2:38.63	
12 250 Balezantis, Reid	94 University of Sask	2:42.26	2:39.46	
13 284 Senger, Alex	95 University of Sask	2:43.33	2:42.54	
-- 88 Ajua, Jean-Baptist	94 U of Manitoba	2:31.57	SCR	
-- 199 Wittig, Luc	91 U of Calgary	2:33.19	SCR	
-- 174 Ebeling, Kurt	93 U of Calgary	2:33.80	SCR	

Men 1500 Metre Run

=====
 Canada West: # 3:50.00 2/2/1997 Jeremy Deere, U of Calgary

CIS Standard: @ 3:50.10

CIS Record: ! 3:46.85 1990 Allan Klassen, UBC

Name	Year Team	Seed	Finals	H#	Points
1 154 Riva, Thomas	92 U of Victoria	3:45.51	3:54.08	3	7
2 163 Bickley, Brad	91 U of Calgary	3:44.58	3:54.62	3	5
3 145 Irvine, Kyle	90 U of Victoria	3:47.78	3:56.32	3	4
4 150 Peterson, Cole	93 U of Victoria	3:49.86	3:56.87	3	3
5 224 Johnson, Matt	92 Cougars	4:02.09	3:59.08	2	2
6 26 White, Declan	TWU	3:51.89	3:59.34	3	1
7 155 Robertson, Karl	91 U of Victoria	3:57.29	3:59.38	3	
8 252 Bigsby, Robert	94 University of Sask	4:00.52	3:59.69	2	



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Men 1500 Metre Run**

9	5	De Schiffart, Joel	94	TWU	3:58.58	4:00.16	3
10	51	Madsen, William	94	UA Bears/Pandas	3:59.47	4:00.55	3
11	25	Voth, Christopher	91	TWU	4:05.11	4:01.43	2
12	17	Neufeld, Levi	94	TWU	3:54.26	4:01.59	3
13	242	Strueby, Adam	94	Cougars	4:07.15	4:01.68	2
14	88	Ajua, Jean-Baptist	94	U of Manitoba	4:04.90	4:02.90	2
15	204	Baiton, Wyatt	91	Cougars	3:59.44	4:04.58	3
16	152	Pspotka, Patrick	93	U of Victoria		4:04.80	1
17	15	Marshall, Adam	95	TWU	4:08.49	4:04.80	2
18	181	Justinen, Roman	94	U of Calgary	3:58.56	4:07.32	3
19	174	Ebeling, Kurt	93	U of Calgary	4:06.54	4:08.08	2
20	33	Christ, Adrian	94	UA Bears/Pandas	4:06.02	4:09.34	2
21	179	Hadfield, Gareth	92	U of Calgary	3:59.48	4:09.86	3
22	264	Heidecker, Taryn	94	University of Sask	4:00.96	4:10.59	2
23	97	Dyck, Josh	94	U of Manitoba	4:08.72	4:10.63	2
24	38	Erickson, Kyle	92	UA Bears/Pandas	4:11.72	4:10.94	1
25	138	Yussuf, Abduselam	93	U of Manitoba	4:09.25	4:11.55	1
26	52	McDonald, Kieran	94	UA Bears/Pandas	4:01.21	4:17.45	2
27	250	Balezantis, Reid	94	University of Sask	4:19.44	4:18.03	1
28	123	Paterson, Ben	94	U of Manitoba	4:08.00	4:18.34	2
29	284	Senger, Alex	95	University of Sask	4:16.38	4:23.23	1
30	72	Foster, Sean		U of Lethbridge	4:33.66	4:36.91	1
31	76	Macfarlane, Andrew		U of Lethbridge	4:41.32	4:40.90	1
32	82	Schaafsma, Brett		U of Lethbridge	4:52.26	4:43.93	1
--	140	Bocksnick, Jackson	92	U of Victoria	4:00.80	DNF	2
--	134	Thacher, Eric	92	U of Manitoba	4:09.00	DNF	1
--	233	McLean, Shawn	94	Cougars	4:15.98	DNS	1
--	21	Prajea, Mihai	91	TWU	4:00.30	SCR	
--	116	Naylor, Patrick	93	U of Manitoba	4:08.96	SCR	
--	141	Collin, Olivier	89	U of Victoria	3:48.30	SCR	

Men 3000 Metre Run

=====
 Canada West: # 8:06.87 2/22/2013 Kelly Wiebe, U of Regina
 CIS Standard: @ 8:13.21
 CIS Record: ! 7:59.29 1996 Jeff Schiebler, UBC

Name	Year	Team	Seed	Finals	H#	Points
1	26	White, Declan	TWU	8:20.78	8:26.73	2 7
2	155	Robertson, Karl	91 U of Victoria	8:50.00	8:28.51	2 5
3	145	Irvine, Kyle	90 U of Victoria	8:50.00	8:29.44	2 4
4	224	Johnson, Matt	92 Cougars	8:43.65	8:32.00	2 3
5	152	Pspotka, Patrick	93 U of Victoria	8:37.00	8:33.16	2 2
6	5	De Schiffart, Joel	94 TWU	8:28.94	8:34.65	2 1
7	242	Strueby, Adam	94 Cougars	8:46.60	8:40.93	2
8	252	Bigsby, Robert	94 University of Sask	8:37.62	8:45.13	2
9	138	Yussuf, Abduselam	93 U of Manitoba	8:53.06	8:48.04	2



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Men 3000 Metre Run**

10	25	Voth, Christopher	91	TWU	8:44.19	8:48.33	2
11	51	Madsen, William	94	UA Bears/Pandas	8:40.38	8:58.59	2
12	223	Hooper, Sean	93	Cougars	9:15.59	9:03.80	1
13	40	Fleming, Thomas	87	UA Bears/Pandas	9:11.02	9:04.77	1
14	52	McDonald, Kieran	94	UA Bears/Pandas	8:37.48	9:11.96	2
15	48	Lawley, Mark	93	UA Bears/Pandas	9:10.33	9:22.32	1
16	72	Foster, Sean		U of Lethbridge	10:08.98	10:09.57	1
17	68	Blackwell, Andrew		U of Lethbridge	10:13.22	10:14.48	1
--	140	Bocksnick, Jackson	92	U of Victoria	8:50.00	DNF	2
--	163	Bickley, Brad	91	U of Calgary		SCR	
--	116	Naylor, Patrick	93	U of Manitoba	9:02.98	SCR	
--	181	Justinen, Roman	94	U of Calgary		SCR	
--	179	Hadfield, Gareth	92	U of Calgary	8:41.56	SCR	

Men 60 Metre Hurdles 1.067m**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

1.07m: 13.72m to first, then every 9.14m (yellow marks)

Canada West: # 7.99 2/2/2002 Jared MacLeod, U of Manitoba

CIS Standard: @ 8.08

CIS Record: ! 7.83 1984 Mark McKoy, York

Name	Year	Team	Seed	Prelims	H#
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Preliminaries

1	12	Innes, Calum	90	TWU	8.10	@ 8.06Q	2
2	80	Rockerbie, Philip		U of Lethbridge	8.46	8.52Q	1
3	279	Olson, Jared	93	University of Sask	8.49	8.42Q	2
4	234	McLellan, Ian	92	Cougars	8.48	8.60Q	1
5	128	Samking, Wilfred	92	U of Manitoba	8.49	8.55Q	2
6	241	Steininger, Dustin	93	Cougars	8.67	8.63Q	1
7	126	Rozanska McCaugher	95	U of Manitoba	8.64	8.63q	1
8	202	Aravinthan, Kaisha	94	Cougars	9.06	8.93q	2
9	289	Wiebe, Jayden	91	University of Sask	9.12	9.13	1
10	160	Addo-Osafo, Kwaku	95	U of Calgary	8.99	9.16	2

Men 60 Metre Hurdles 1.067m

1.07m: 13.72m to first, then every 9.14m (yellow marks)

Canada West: # 7.99 2/2/2002 Jared MacLeod, U of Manitoba

CIS Standard: @ 8.08

CIS Record: ! 7.83 1984 Mark McKoy, York

Name	Year	Team	Prelims	Finals	Points
------	------	------	---------	--------	--------

Finals

1	12	Innes, Calum	90	TWU	8.06	7.94#	7
2	279	Olson, Jared	93	University of Sask	8.42	8.33	5
3	128	Samking, Wilfred	92	U of Manitoba	8.55	8.44	4

Rule 168.7b



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Men 60 Metre Hurdles 1.067m**

4	234 McLellan, Ian	92 Cougars	8.60	8.53	3
5	80 Rockerbie, Philip	U of Lethbridge	8.52	8.57	2
6	241 Steininger, Dustin	93 Cougars	8.63	8.68	1
7	202 Aravinthan, Kaisha	94 Cougars	8.93	9.28	
--	126 Rozanska McCaugher	95 U of Manitoba	8.63	DNF	

Preliminaries

9	289 Wiebe, Jayden	91 University of Sask	9.13		
10	160 Addo-Osafo, Kwaku	95 U of Calgary	9.16		

Men 4x200 Metre Relay

=====
 Canada West: # 1:27.21 2/2/2000 U of Sask, U of Sask
 T Bailey, G Drake, L Tallon, P Wilkins

CIS Standard: @ 1:28.91

CIS Record: ! 1:25.65 3/10/2012 U. of Ottawa, Ottawa
 O Makinde, M Robertson, D Biocchi, T Makinde

Team	Seed	Finals	Points
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Finals

1	University of Regina Cougars	1:28.92	1:28.54@	10
	1) 207 Bloom, Connor 93	2) 217 Gardner, Ethan 89		
	3) 236 Nystuen, Tait 91	4) 210 Campbell, Tevaughn 93		
2	University of Sask	1:29.36		8
	1) 262 Hanna, Kenrick 90	2) 259 Fedyk, Alex 94		
	3) 279 Olson, Jared 93	4) 281 Pylypow, Brody 94		
3	Trinity Western University	1:27.28	1:29.90	6
	1) 7 George, Nathan 94	2) 14 Linde, James 94		
	3) 2 Ayin, Nicholas 93	4) 24 Sinclair, Jamie 90		
4	U of Manitoba	1:29.54	1:30.29	4
	1) 128 Samking, Wilfred 92	2) 102 Fitkowsky, Matthew 93		
	3) 115 McMaster, Jamie 91	4) 129 Sampson, Terrence 92		
5	University of Calgary	1:29.23	1:31.04	2
	1) 176 Ezetah, Chinedu 91	2) 184 King, Garrett 93		
	3) 166 Bury-Jones, Stewart 89	4) 165 Breski, Josh 91		
6	U Alberta Golden Bears/ Pandas	1:32.51	1:32.90	1
	1) 44 Home, Mitchell 92	2) 55 Pohl, Quintin 91		
	3) 58 Schaub, Richard 94	4) 53 McPhee, Stephen 91		
--	U of Victoria		SCR	



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****Men 4x400 Metre Relay**

Canada West: # 3:13.74 2/2/1994 U of Manitoba, U of Manitoba
B Goodwin, S Trepel, A Davis, K Crerar

CIS Standard: @ 3:18.95

CIS Record: ! 3:14.12 2008 , Calgary
Effah, Kimick, Saizew, Ratzlaff

Team	Seed	Finals	Points
1 U of Victoria	3:17.75	3:18.25@	10
1) 151 Pratt, John 90	2) 157 Smith, Tyler 94		
3) 154 Riva, Thomas 92	4) 153 Restall, Brendon 94		
2 University of Regina Cougars	3:20.25	3:20.06	8
1) 217 Gardner, Ethan 89	2) 234 McLellan, Ian 92		
3) 235 Nystuen, Liam 94	4) 236 Nystuen, Tait 91		
3 U of Manitoba	3:20.53	3:20.44	6
1) 113 Mages, Cody 92	2) 102 Fitkowsky, Matthew 93		
3) 135 Vankoughnet, Joel 91	4) 115 McMaster, Jamie 91		
4 Trinity Western University	3:21.22	3:21.75	4
1) 12 Innes, Calum 90	2) 14 Linde, James 94		
3) 24 Sinclair, Jamie 90	4) 7 George, Nathan 94		
5 University of Calgary	3:19.86	3:21.79	2
1) 165 Breski, Josh 91	2) 187 Krolikowski, Maciek 91		
3) 166 Bury-Jones, Stewart 89	4) 199 Wittig, Luc 91		
6 University of Sask	3:25.15	3:23.80	1
1) 259 Fedyk, Alex 94	2) 269 Kowalchuk, Ryan 93		
3) 263 Harrison, Emmett 93	4) 261 Guenther, Davis 93		

Men 4x800 Metre Relay

Canada West: # 7:35.71 2/27/2009 U of Victoria, U of Victoria
C. Childs, L. Burke, D. Mazzei, G. Martinson

CIS Standard: @ 7:38.86

CIS Record: ! 7:29.23 1995 , Manitoba
Fillion, Bima, Trepel, Goodwin

Team	Seed	Finals	Points
1 U of Victoria	7:34.54	7:37.23@	10
1) 153 Restall, Brendon 94	2) 150 Peterson, Cole 93		
3) 141 Collin, Olivier 89	4) 157 Smith, Tyler 94		
2 University of Sask	7:53.56	7:45.24	8
1) 269 Kowalchuk, Ryan 93	2) 264 Heidecker, Taryn 94		
3) 263 Harrison, Emmett 93	4) 261 Guenther, Davis 93		
3 Trinity Western University	7:48.44	7:46.30	6
1) 15 Marshall, Adam 95	2) 21 Prajea, Mihai 91		
3) 17 Neufeld, Levi 94	4) 26 White, Declan		
4 University of Calgary	7:41.41	7:49.84	4
1) 199 Wittig, Luc 91	2) 181 Justinen, Roman 94		
3) 179 Hadfield, Gareth 92	4) 174 Ebeling, Kurt 93		



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014

Universiade Pavilion, University of Alberta

Results

....Men 4x800 Metre Relay

5 U of Manitoba	7:53.38	7:50.27	2
1) 88 Ajua, Jean-Baptiste 94	2) 94 Drover, Conrad 93		
3) 134 Thacher, Eric 92	4) 113 Mages, Cody 92		
6 U Alberta Golden Bears/ Pendas	8:03.65		1
1) 62 Van Mulligen, Matthew 95	2) 44 Home, Mitchell 92		
3) 38 Erickson, Kyle 92	4) 33 Christ, Adrian 94		
7 University of Regina Cougars	7:59.62	8:15.24	
1) 228 Lipp, Jaden 92	2) 203 Avery, Austin 95		
3) 221 Hauber, Evan 93	4) 233 McLean, Shawn 94		

Men High Jump

Starting height: 1.72m, then up by 5cm increments to 1.92m, then up by 3cm increments.

Canada West: # 2.15m 2/2/1979 Dean Bauch, U of B.C.

CIS Standard: @ 2.04m

CIS Record: ! 2.24m 1993 Alex Zaliaskas, Toronto

Name	Year Team	Seed	Finals	Points
1 213 Eckert, Jeremy	90 Cougars	2.14m	2.16m#	7
1.72 1.77 1.82 1.87 1.92 1.95 1.98 2.01 2.04 2.07 2.09 2.16 2.20				
P P P P P P O O P P O O XXX				
2 230 MacDonald, Connor	90 Cougars		2.09m@	5
1.72 1.77 1.82 1.87 1.92 1.95 1.98 2.01 2.04 2.07 2.09				
P P P O O XXO O O P P XO				
3 91 Buchanan, Arthur	91 U of Manitoba	1.94m	1.98m	4
1.72 1.77 1.82 1.87 1.92 1.95 1.98 2.01				
P P XO O XXO XXO XO XXX				
4 10 Humphrey, Stephen	92 TWU	1.90m	1.95m	3
1.72 1.77 1.82 1.87 1.92 1.95 1.98				
P P P XXO XXO O XXX				
5 92 Clark, Neil	93 U of Manitoba	1.91m	1.95m	2
1.72 1.77 1.82 1.87 1.92 1.95 1.98				
P P O O XO XO XXX				
6 41 Fritze, Matthew	94 UA Bears/Pandas	1.90m	1.92m	1
1.72 1.77 1.82 1.87 1.92 1.95				
P P XXO O XXO XXX				
7 131 Sesay, Abdul	93 U of Manitoba	1.87m	1.87m	
1.72 1.77 1.82 1.87 1.92				
P O O XXO XXX				
8 257 Digel, Cole	91 University of Sask	1.80m	1.82m	
1.72 1.77 1.82 1.87				
O O O XXX				
9 93 Croy, Ryan	94 U of Manitoba	1.85m	1.77m	
1.72 1.77 1.82				
XXO XO XXX				
-- 100 Eyford, Wyatt	94 U of Manitoba	1.90m	DNS	



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Men High Jump**

-- 59 Tyler, Isaac 89 UA Bears/Pandas 2.00m SCR

Men Pole Vault

Starting height: 3.43m, then up by 20cm increments to 4.23m,
then up by 10cm increments.

Canada West: # 5.22m 2/26/2011 Taylor Petrucha, U of Sask

CIS Standard: @ 4.72m

CIS Record: ! 5.65m 1992 Doug Wood, York

Name	Year	Team	Seed	Finals	Points
1 6 Dunford, Nathan	95	TWU	4.85m	4.73m@	7
3.43 3.63 3.83 4.03 4.23 4.33 4.43 4.53 4.63 4.73 4.93					
P P P P P P P P P P XXO XXX					
2 24 Sinclair, Jamie	90	TWU	4.42m	4.53m	5
3.43 3.63 3.83 4.03 4.23 4.33 4.43 4.53 4.63					
P P P P P P XXO XXO XXX					
3 20 Phillips, Jesse	92	TWU	4.25m	4.33m	4
3.43 3.63 3.83 4.03 4.23 4.33 4.43					
P P P P P XXO XXX					
4 32 Choi, Andrew	92	UA Bears/Pandas	4.37m	4.23m	2.50
3.43 3.63 3.83 4.03 4.23 4.33 4.43					
P P P P O P XXX					
5 46 Janssen, Matt	90	UA Bears/Pandas	4.12m	4.23m	2.50
3.43 3.63 3.83 4.03 4.23 4.33 4.43					
P P P P XO P XXX					
6 91 Buchanan, Arthur	91	U of Manitoba	4.25m	4.03m	1
3.43 3.63 3.83 4.03 4.23					
P P P XXO XXX					
7 249 Auckland, Calen	92	University of Sask	3.75m	3.43m	
3.43 3.63					
O XXX					
-- 39 Filipek, Nathan	91	UA Bears/Pandas	4.90m	NH	
3.43 3.63 3.83 4.03 4.23 4.33 4.43 4.53 4.63					
P P P P P P P P XXX					
-- 177 Goodwin, Lyndon	92	U of Calgary	4.30m	SCR	

Men Long Jump

Canada West: # 7.75m 2/2/1993 Jonathan Moyle, U of Alberta

CIS Standard: @ 7.14m

CIS Record: ! 7.88m 2010 Christopher Greenway, Ottawa

Name	Year	Team	Seed	Finals	Points
1 230 MacDonald, Connor	90	Cougars	7.01m	7.33m@	7
6.94m 7.33m FOUL FOUL PASS FOUL					



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Men Long Jump**

2	14 Linde, James	94 TWU	6.90m	7.28m@	5
	FOUL 7.14m FOUL 7.28m 7.22m 1.81m				
3	53 McPhee, Stephen	91 UA Bears/Pandas	6.95m	7.19m@	4
	FOUL 7.19m 4.81m FOUL 6.81m 4.88m				
4	215 Ewen, Lex	92 Cougars	7.05m	7.09m	3
	7.09m 6.95m 6.92m 7.00m FOUL FOUL				
5	201 Alkabary, Ahmed	93 Cougars	6.98m	7.07m	2
	6.84m FOUL 7.00m 7.07m FOUL FOUL				
6	162 Bell, Ryley	95 U of Calgary	6.89m	7.03m	1
	6.49m 6.59m 6.71m 6.12m 6.71m 7.03m				
7	100 Eyford, Wyatt	94 U of Manitoba	6.78m	6.71m	
	6.70m 6.71m PASS				
8	36 Dinn, Ryan	93 UA Bears/Pandas	6.40m	6.67m	
	FOUL 6.50m 6.58m 6.67m 6.55m 6.38m				
9	58 Schaub, Richard	94 UA Bears/Pandas	6.19m	6.55m	
	6.53m FOUL 6.55m				
10	93 Croy, Ryan	94 U of Manitoba	6.52m	6.38m	
	6.14m 6.38m PASS				
11	74 Hernandez, Aaron	U of Lethbridge	6.98m	5.92m	
	FOUL FOUL 5.92m				
--	193 Minton, Corey	91 U of Calgary	6.64m	FOUL	
	FOUL FOUL FOUL				
--	213 Eckert, Jeremy	90 Cougars		SCR	
--	164 Booth, Riley	91 U of Calgary		SCR	
--	131 Sesay, Abdul	93 U of Manitoba	6.29m	SCR	
--	189 Liam, Andrew	90 U of Calgary	6.41m	SCR	
--	175 Eng, Preston	91 U of Calgary		SCR	

Men Triple Jump

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 Canada West: # 15.65m 2/2/2002 Shawn Peters, U of Regina

CIS Standard: @ 14.16m

CIS Record: ! 15.81m 3/9/2013 Olivier Huet, Sherbrooke

Name	Year	Team	Seed	Finals	Points
1	74 Hernandez, Aaron	U of Lethbridge	14.88m	15.03m@	7
	14.22m 14.96m 14.50m 14.44m 14.92m 15.03m				
2	245 Ward, Arthur	90 Cougars	14.13m	14.15m	5
	13.64m 13.98m FOUL 13.96m FOUL 14.15m				
3	230 MacDonald, Connor	90 Cougars		14.02m	4
	FOUL 14.02m PASS 13.72m 13.78m 13.96m				
4	164 Booth, Riley	91 U of Calgary	13.32m	13.85m	3
	FOUL 13.74m FOUL FOUL 11.34m 13.85m				
5	193 Minton, Corey	91 U of Calgary	13.98m	13.84m	2
	13.53m FOUL 13.84m 13.84m FOUL 13.70m				
6	215 Ewen, Lex	92 Cougars		13.72m	1
	13.62m 13.69m FOUL 13.55m 13.63m 13.72m				



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Men Triple Jump**

7	47 Karidio, Ismael	92 UA Bears/Pandas	13.43m	13.59m
	13.54m 13.58m 13.52m	13.38m 13.59m 13.45m		
8	118 Nkwonta, Gee-ef	94 U of Manitoba	13.34m	13.58m
	13.12m 13.58m 13.43m	FOUL FOUL 13.16m		
9	222 Hauser, Simon	92 Cougars	13.19m	13.26m
	13.26m 13.01m 13.07m			
10	36 Dinn, Ryan	93 UA Bears/Pandas	13.33m	13.06m
	12.95m 13.06m 12.98m			
11	175 Eng, Preston	91 U of Calgary	12.96m	12.90m
	12.90m FOUL FOUL			
12	289 Wiebe, Jayden	91 University of Sask	12.33m	12.05m
	12.05m 11.93m 12.02m			

Men Shot Put 7.26 kg

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 Canada West: # 18.71m 2/26/2011 Andrew Smith, U of Sask

CIS Standard: @ 16.68m

CIS Record: ! 18.48m 2011 Andrew Smtih, Saskatchewan

Name	Year Team	Seed	Finals	Points
1	78 Millman, Peter U of Lethbridge	16.60m	16.91m@	7
	16.70m FOUL FOUL 16.30m FOUL 16.91m			
2	271 Machiskinic, Nolan 91 University of Sask	16.38m	16.75m@	5
	16.75m 16.20m 16.14m 16.40m FOUL 16.68m			
3	237 Pickering, Chris 89 Cougars	17.10m	16.53m	4
	16.17m FOUL 16.34m 16.53m 16.05m FOUL			
4	85 Sommer, Ryan U of Lethbridge	15.14m	14.65m	3
	14.61m 14.48m 13.75m FOUL FOUL 14.65m			
5	267 Iverson, Orland 92 University of Sask	13.25m	13.91m	2
	FOUL 12.94m 12.26m 13.24m 13.91m 12.95m			
6	108 Hackie, Ezra 94 U of Manitoba	13.81m	13.42m	1
	FOUL 13.18m 12.28m 13.42m FOUL FOUL			
7	53 McPhee, Stephen 91 UA Bears/Pandas	14.53m	13.13m	
	13.13m FOUL FOUL FOUL 12.93m PASS			
8	75 Hurst, Madison U of Lethbridge	12.39m	12.47m	
	11.98m 11.93m 12.47m 11.90m 11.70m 11.68m			
9	196 Rouhi, Armin 94 U of Calgary	13.08m	12.19m	
	12.19m FOUL FOUL			
10	256 Degenhardt, Brenna 93 University of Sask	12.98m	11.80m	
	FOUL 10.94m 11.80m			
11	209 Bray, Cy 93 Cougars	12.30m	11.71m	
	11.71m 11.67m FOUL			
--	67 Armstrong, Jordan U of Lethbridge	9.88m	FOUL	
	FOUL FOUL FOUL			
--	110 Hotomani, Ty 91 U of Manitoba	12.30m	SCR	



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****Men Weight Throw 35 lb**

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 Canada West: # 23.42m 2/27/2009 Jim Steacy, U of Lethbridge

CIS Standard: @ 17.98m

CIS Record: ! 24.08m 2009 Jim Steacy, Lethbridge

Name	Year	Team	Seed	Finals	Points
1 78 Millman, Peter		U of Lethbridge	18.01m	18.82m@	7
17.30m 17.64m 17.78m 17.40m FOUL 18.82m					
2 271 Machiskinic, Nolan	91	University of Sask	17.26m	17.24m	5
16.28m 16.67m FOUL 17.24m FOUL 17.14m					
3 237 Pickering, Chris	89	Cougars	15.99m	17.00m	4
15.65m FOUL 16.59m 16.60m 16.60m 17.00m					
4 85 Sommer, Ryan		U of Lethbridge		15.11m	3
13.83m 15.11m 14.15m 14.51m 14.59m 15.01m					
5 240 Shewfelt, Tory	95	Cougars	14.75m	14.83m	2
13.81m 14.83m FOUL FOUL 14.72m 14.56m					
6 172 Diaz, Pedro	93	U of Calgary	15.00m	13.86m	1
13.86m 13.80m FOUL FOUL FOUL FOUL					
7 267 Iverson, Orland	92	University of Sask	12.95m	13.41m	
12.52m 13.14m 13.41m 13.36m 13.24m FOUL					
8 196 Rouhi, Armin	94	U of Calgary	11.33m	11.80m	
10.69m 10.36m 11.80m FOUL FOUL FOUL					
9 75 Hurst, Madison		U of Lethbridge	11.73m	11.29m	
11.29m 10.40m 10.02m					
10 108 Hackie, Ezra	94	U of Manitoba	13.07m	11.28m	
FOUL 10.66m 11.28m					
11 67 Armstrong, Jordan		U of Lethbridge	8.96m	10.80m	
9.53m 10.80m 10.53m					
-- 110 Hotomani, Ty	91	U of Manitoba	13.58m	SCR	

Indoor Pentathlon: #5 Men 1000 Metre Run Indoor Pentathlon

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 Event may be reseeded at the discretion
 of the Combined Events Referee.

Name	Year	Team	Finals	Points
1 91 Buchanan, Arthur	91	U of Manitoba	2:37.46	902
2 39 Filipek, Nathan	91	UA Bears/Pandas	2:45.93	809
3 9 Hernandez, Cale	95	TWU	2:51.86	746
4 100 Eyford, Wyatt	94	U of Manitoba	2:51.92	746
5 257 Digel, Cole	91	University of Sask	2:56.76	696
6 93 Croy, Ryan	94	U of Manitoba	2:57.08	693
7 256 Degenhardt, Brenna	93	University of Sask	3:11.65	555



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****Indoor Pentathlon: #1 Men 60 Metre Hurdles 1.067m Indoor Pentathlon**

1.07m: 13.72m to first, then every 9.14m (yellow marks)

CIS Record: ! 7.83

Name	Year	Team	Finals	Points
1 100 Eyford, Wyatt	94	U of Manitoba	8.49	862
2 9 Hernandez, Cale	95	TWU	8.76	800
3 93 Croy, Ryan	94	U of Manitoba	8.82	786
4 257 Digel, Cole	91	University of Sask	8.97	752
5 39 Filipek, Nathan	91	UA Bears/Pandas	9.01	744
6 256 Degenhardt, Brenna	93	University of Sask	9.05	735
7 91 Buchanan, Arthur	91	U of Manitoba	9.31	679

Indoor Pentathlon: #4 Men High Jump Indoor Pentathlon

Name	Year	Team	Finals	Points
1 91 Buchanan, Arthur	91	U of Manitoba	1.95m	758
1.77 1.83 1.86 1.92 1.95 1.98				
0 XXO 0 XO XXO XXX				
2 100 Eyford, Wyatt	94	U of Manitoba	1.86m	679
1.71 1.74 1.80 1.86 1.89				
0 0 0 XO XXX				
2 257 Digel, Cole	91	University of Sask	1.86m	679
1.74 1.77 1.80 1.83 1.86 1.89				
0 0 XO 0 0 XXX				
4 93 Croy, Ryan	94	U of Manitoba	1.83m	653
1.71 1.74 1.77 1.80 1.83 1.86				
0 0 0 XXO XO XXX				
4 39 Filipek, Nathan	91	UA Bears/Pandas	1.83m	653
1.71 1.77 1.80 1.83 1.86				
0 XXO XXO 0 XXX				
6 256 Degenhardt, Brenna	93	University of Sask	1.80m	627
1.65 1.68 1.71 1.74 1.77 1.80 1.83				
0 XO 0 XO XO XXO XXX				
7 9 Hernandez, Cale	95	TWU	1.74m	577
1.62 1.65 1.68 1.71 1.74 1.77				
XO XO 0 XO XXO XXX				

Indoor Pentathlon: #2 Men Long Jump Indoor Pentathlon

CIS Record: ! 7.88m

Name	Year	Team	Finals	Points
1 100 Eyford, Wyatt	94	U of Manitoba	7.01m	816
6.76m 6.76m 7.01m				
2 39 Filipek, Nathan	91	UA Bears/Pandas	6.59m	718
6.59m 6.47m 6.53m				



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Indoor Pentathlon: #2 Men Long Jump Indoor Pentathlon**

3	257 Digel, Cole	91 University of Sask	6.52m	702
	6.46m 6.29m 6.52m			
4	93 Croy, Ryan	94 U of Manitoba	6.33m	659
	6.30m 6.33m 6.33m			
4	9 Hernandez, Cale	95 TWU	6.33m	659
	6.33m 6.10m 6.23m			
6	256 Degenhardt, Brenna	93 University of Sask	6.21m	632
	6.20m 6.08m 6.21m			
7	91 Buchanan, Arthur	91 U of Manitoba	5.76m	535
	5.76m 5.57m 5.63m			

Indoor Pentathlon: #3 Men Shot Put 7.26 kg Indoor Pentathlon

=====
 CIS Record: ! 18.48m

Name	Year Team	Finals	Points
1 257 Digel, Cole	91 University of Sask	13.15m	676
		12.25m 13.15m 12.80m	
2 91 Buchanan, Arthur	91 U of Manitoba	12.25m	622
		10.87m FOUL 12.25m	
3 100 Eyford, Wyatt	94 U of Manitoba	12.03m	608
		11.46m 12.03m FOUL	
4 256 Degenhardt, Brenna	93 University of Sask	11.46m	574
		10.19m 11.46m FOUL	
5 39 Filipek, Nathan	91 UA Bears/Pandas	11.16m	556
		FOUL 10.60m 11.16m	
6 9 Hernandez, Cale	95 TWU	10.88m	539
		9.77m 10.75m 10.88m	
7 93 Croy, Ryan	94 U of Manitoba	9.85m	477
		9.00m 9.06m 9.85m	

Men Indoor Pentathlon

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 Canada West: # 4009 2/27/2010 Chris Crossley, U of Sask

CIS Standard: @ 3644

CIS Record: ! 4126 2010 Chris Crossley, Saskatchewan

Name	Year Team	Seed	Finals	Points
1 100 Eyford, Wyatt	94 U of Manitoba	3349	3711@	10
2 257 Digel, Cole	91 University of Sask	3240	3505	8
3 91 Buchanan, Arthur	91 U of Manitoba	3408	3496	6
4 39 Filipek, Nathan	91 UA Bears/Pandas	3171	3480	4
5 9 Hernandez, Cale	95 TWU		3321	2
6 93 Croy, Ryan	94 U of Manitoba	3179	3268	1
7 256 Degenhardt, Brenna	93 University of Sask	2979	3123	
-- 189 Liam, Andrew	90 U of Calgary	2901	SCR	
-- 213 Eckert, Jeremy	90 Cougars		SCR	



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results****....Men Indoor Pentathlon**

--	99 Entz, Scott	92 U of Manitoba	3075	SCR
--	177 Goodwin, Lyndon	92 U of Calgary	3052	SCR

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Women - Team Rankings - 17 Events Scored

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1) Trinity Western University	107	2) University of Calgary	96
3) University of Sask	74	4) U of Victoria	46
5) U Alberta Golden Bears/ Pa	31	6) University of Regina Coug	23
7) U of Manitoba	22	8) U of Lethbridge	10

=====

Men - Team Rankings - 17 Events Scored

=====

1) University of Regina Couga	83	2) Trinity Western Universit	67
2) U of Victoria	67	4) University of Sask	53
5) U of Manitoba	50	6) University of Calgary	40
7) U of Lethbridge	29	8) U Alberta Golden Bears/ P	21



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results - Combined Events****Women Indoor Pentathlon**

	Points	60H	HJ	SP	LJ	800
1 McIntosh, Rachael University of Calgary 91 Team Points: 10	4174	8.87 (937)	1.65m (795)	13.25m (744)	5.90m (819)	2:15.98 (879)
2 Machin, Rachel University of Calgary 92 Team Points: 8	4070	8.67 (980)	1.77m (941)	11.96m (658)	6.00m (850)	2:34.23 (641)
3 Lehner, Katelyn University of Calgary 95 Team Points: 6	3726	8.87 (937)	1.62m (759)	9.24m (480)	5.83m (798)	2:25.37 (752)
4 Taylor, Lauren University of Sask 91 Team Points: 4	3665	9.07 (895)	1.68m (830)	11.06m (599)	5.21m (617)	2:27.53 (724)
5 Nyame, Astrid University of Sask 94 Team Points: 2	3466	8.73 (967)	1.56m (689)	10.19m (542)	5.84m (801)	2:49.66 (467)
6 Graceffo, Amy U of Manitoba 94 Team Points: 1	3368	9.38 (832)	1.56m (689)	10.20m (543)	5.33m (651)	2:33.19 (653)
7 Rumpel, Megan University of Regina Coug 93	3349	9.06 (897)	1.62m (759)	11.00m (595)	5.00m (559)	2:42.97 (539)
8 Charlesworth, Nicola University of Calgary 94	3342	9.08 (893)	1.71m (867)	9.34m (486)	5.30m (643)	2:51.01 (453)



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014**Universiade Pavilion, University of Alberta****Results - Combined Events****Men Indoor Pentathlon**

	Points	60H	LJ	SP	HJ	1000
1 Eyford, Wyatt U of Manitoba 94 Team Points: 10	3711	8.49 (862)	7.01m (816)	12.03m (608)	1.86m (679)	2:51.92 (746)
2 Digel, Cole University of Sask 91 Team Points: 8	3505	8.97 (752)	6.52m (702)	13.15m (676)	1.86m (679)	2:56.76 (696)
3 Buchanan, Arthur U of Manitoba 91 Team Points: 6	3496	9.31 (679)	5.76m (535)	12.25m (622)	1.95m (758)	2:37.46 (902)
4 Filipek, Nathan U Alberta Golden Bears/ P 91 Team Points: 4	3480	9.01 (744)	6.59m (718)	11.16m (556)	1.83m (653)	2:45.93 (809)
5 Hernandez, Cale Trinity Western Universit 95 Team Points: 2	3321	8.76 (800)	6.33m (659)	10.88m (539)	1.74m (577)	2:51.86 (746)
6 Croy, Ryan U of Manitoba 94 Team Points: 1	3268	8.82 (786)	6.33m (659)	9.85m (477)	1.83m (653)	2:57.08 (693)
7 Degenhardt, Brennan University of Sask 93	3123	9.05 (735)	6.21m (632)	11.46m (574)	1.80m (627)	3:11.65 (555)



2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014

Universiade Pavilion, University of Alberta

Team Rankings - Through Event 34

Female Team Scores

Place	Team		Points
1	Trinity Western University	TWU	107
2	University of Calgary	UOFC	96
3	University of Sask	UOFS	74
4	U of Victoria	UVIC	46
5	U Alberta Golden Bears/ Pandas	UA	31
6	University of Regina Cougars	UOFR	23
7	U of Manitoba	UOFM	22
8	U of Lethbridge	UL	10
			<hr/>
Total			409.00

2014 Canada West Track & Field Championships - 2/21/2014 to 2/22/2014

Universiade Pavilion, University of Alberta

Team Rankings - Through Event 34

Male Team Scores

Place	Team		Points
1	University of Regina Cougars	UOFR	83
2	U of Victoria	UVIC	67
2	Trinity Western University	TWU	67
4	University of Sask	UOFS	53
5	U of Manitoba	UOFM	50
6	University of Calgary	UOFC	40
7	U of Lethbridge	UL	29
8	U Alberta Golden Bears/ Pandas	UA	21
Total			410.00