

2015 Sherwood Park Throws Showcase AM Session - 6/13/2015

Hosted by Capital City Track Club

Strathcona Athletic Park

Results - Saturday Field Events

Girls Shot Put 3kg Midget

Name	Age	Team	Finals
Finals			
1 Greig, Jill	15	Split City Sonics	8.83m
			8.83m 8.23m 8.58m 7.32m
2 Smuts, Sarah	14	Edmonton Oly	8.13m
			7.97m 7.83m 7.76m 8.13m 7.76m 7.76m
3 Leslie, MacKenna	14	Split City Sonics	7.36m
			7.36m 6.56m 7.33m 7.13m
4 Singleton, Kate	15	MCS	7.24m
			7.00m 6.58m 7.24m FOUL 6.77m 6.69m

Girls Discus Throw 1kg Midget

Name	Age	Team	Finals
1 Leslie, MacKenna	14	Split City Sonics	24.54m
			18.45m 24.54m 23.49m
2 Smuts, Sarah	14	Edmonton Oly	21.05m
			19.91m 19.16m 18.42m 19.37m 21.05m
3 Singleton, Kate	15	MCS	13.60m
			12.55m 11.05m 11.72m 13.60m

Girls Javelin Throw 500g Midget

Name	Age	Team	Finals
1 Greig, Jill	15	Split City Sonics	29.39m
			23.81m 25.66m 29.39m 27.09m 25.58m 28.49m
2 Leslie, MacKenna	14	Split City Sonics	24.79m
			FOUL 20.13m 22.95m 22.01m 23.80m 24.79m
3 Singleton, Kate	15	MCS	13.64m
			9.94m 11.70m 8.53m 10.04m FOUL 13.64m

Girls Shot Put 3kg Youth

Name	Age	Team	Finals
1 McKimmon, Julia	17	Split City Sonics	9.50m
			9.50m 9.27m 9.00m
2 Zacharuk, Payton	16	U OF C Athle	9.01m
			7.90m 8.56m 9.01m

Girls Discus Throw 1kg Youth

Name	Age	Team	Finals
1 Rains, Gabrielle	17	Unattached Alberta	42.15m
			FOUL FOUL 42.15m FOUL FOUL FOUL
2 Svensson, Hanna	16	Caltaf Athle	27.86m
			27.86m FOUL
3 Zacharuk, Payton	16	U OF C Athle	27.72m
			27.72m FOUL

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....Girls Discus Throw 1kg Youth

4	McKimmon, Julia	17	Split City Sonics	23.45m
	23.45m	x		

Girls Javelin Throw 500g Youth

Name	Age	Team	Finals
1 McKimmon, Julia	17	Split City Sonics	28.88m
	18.02m	25.31m	26.68m
	22.75m	25.86m	28.88m
2 Zacharuk, Payton	16	U OF C Athle	19.17m
	17.96m	FOUL	18.91m
	19.17m	FOUL	FOUL

Women Shot Put 4kg Junior

Name	Age	Team	Finals
1 Weber, Jennifer	19	Capital City	13.03m
	11.89m	12.24m	10.86m
	12.29m	11.54m	13.03m

Women Discus Throw 1kg Junior

Name	Age	Team	Finals
1 Svensson, Siri	19	Caltaf Athle	34.44m
	34.44m	FOUL	FOUL
	33.16m	FOUL	FOUL

Women Shot Put 4kg Senior

Name	Age	Team	Finals
1 Campbell, Diane	21	Caltaf Athle	9.68m
	8.73m	9.68m	9.66m
2 Smuts, Anna	34	Edmonton Masters	8.18m
	8.00m	8.18m	8.05m
	8.16m	7.84m	8.00m

Women Discus Throw 1kg Senior

Name	Age	Team	Finals
1 Andres, Rachel	28	Unattached Alberta	49.41m
	49.25m	FOUL	49.41m
	FOUL	FOUL	48.12m
2 Campbell, Diane	21	Caltaf Athle	32.26m
	28.35m	26.71m	32.26m
	30.08m	31.09m	FOUL
3 Smuts, Anna	34	Edmonton Masters	23.21m
	21.77m	FOUL	23.21m
	FOUL	17.90m	21.37m

Women Javelin Throw 600g Senior

Name	Age	Team	Finals
1 Campbell, Diane	21	Caltaf Athle	33.90m
	33.90m	33.10m	32.33m
	32.90m	31.65m	31.67m
2 Smuts, Anna	34	Edmonton Masters	15.36m
	14.25m	13.35m	14.40m
	15.36m	14.14m	14.93m

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Results - Saturday Field Events

Women Shot Put 4kg Masters 35-49

Name	Age	Team	Finals
1 Zacharuk, Elizabeth	42	U OF C Athle	6.63m
	6.22m	6.26m	6.63m
	6.18m	6.40m	6.43m

Women Discus Throw 1kg Masters 35-49

Name	Age	Team	Finals
1 Cranston, Cinnamon	45	Edmonton Masters	14.64m
	13.97m	14.64m	FOUL
	FOUL	13.10m	13.61m

Women Javelin Throw 600g Masters 35-49

Name	Age	Team	Finals
1 Zacharuk, Elizabeth	42	U OF C Athle	15.10m
	14.83m	15.10m	15.00m
	FOUL	FOUL	FOUL

Women Shot Put 3kg Masters 50-59

Name	Age	Team	Finals
1 McCartney, Lynn	58	Edmonton Masters	6.82m
	6.82m	6.10m	6.46m
	5.99m	5.53m	6.12m

Women Discus Throw 1kg Masters 50-59

Name	Age	Team	Finals
1 McCartney, Lynn	58	Edmonton Masters	12.25m
	FOUL	12.25m	11.10m
	10.48m	FOUL	10.77m

Women Javelin Throw 500g Masters 50-59

Name	Age	Team	Finals
1 McCartney, Lynn	58	Edmonton Masters	12.51m
	9.38m	9.82m	12.51m
	FOUL	12.14m	9.22m

Women Shot Put 3kg Masters 60-74

Name	Age	Team	Finals
1 Amerongen, Loretta	62	Voleo Athletics	7.22m
	7.22m	6.70m	6.73m
	6.86m	6.68m	6.62m
2 Nakanao, Yuko	72	Edmonton Masters	6.73m
	6.49m	6.63m	5.68m
	6.58m	6.56m	6.73m
3 McBlain, Liz	67	Edmonton Masters	6.49m
	6.49m	5.83m	5.96m
	6.12m	6.35m	6.05m

2015 Sherwood Park Throws Showcase AM Session - 6/13/2015**Hosted by Capital City Track Club****Strathcona Athletic Park****Results - Saturday Field Events****Women Discus Throw 1kg Masters 60-74**

Name	Age	Team	Finals
1 Nakanao, Yuko	72	Edmonton Masters	20.62m
			20.49m 17.39m FOUL 16.16m 20.62m 20.24m
2 McBlain, Liz	67	Edmonton Masters	12.03m
			11.95m 12.03m 11.63m 11.24m 11.68m 11.51m

Women Javelin Throw 500g Masters 60-74

Name	Age	Team	Finals
1 Nakanao, Yuko	72	Edmonton Masters	20.90m
			19.50m 19.90m 20.90m 19.72m 19.40m FOUL
2 Amerongen, Loretta	62	Voleo Athletics	14.62m
			14.62m 13.73m 13.19m 14.11m FOUL FOUL
3 McBlain, Liz	67	Edmonton Masters	10.37m
			10.21m 8.92m 10.37m 8.63m 8.91m 9.40m

Boys Shot Put 4kg Midget

Name	Age	Team	Finals
1 Shewman, Luke	14	MCS	5.75m
			5.11m 4.96m 5.75m

Boys Discus Throw 1kg Midget

Name	Age	Team	Finals
1 Shewman, Luke	14	MCS	20.21m
			14.80m 16.83m 17.77m FOUL 20.05m 20.21m

Boys Javelin Throw 600g Midget

Name	Age	Team	Finals
1 Shewman, Luke	14	MCS	22.97m
			FOUL FOUL 17.35m 20.25m 15.95m 22.97m

Boys Shot Put 5kg Youth

Name	Age	Team	Finals
1 Howlett, Kai	17	Edmonton Harriers	11.90m
			11.90m 9.42m 10.00m 10.66m 9.65m 9.80m
2 Doherty, Sean	16	Unattached Alberta	11.59m
			11.20m 10.41m 11.59m 10.41m 10.11m 11.11m
2 Ford, Haeden	16	Edmonton Harriers	11.59m
			11.59m 9.79m 10.31m 10.79m 10.35m 10.99m

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Results - Saturday Field Events

Boys Discus Throw 1.5kg Youth

Name	Age	Team	Finals
1 Ford, Haeden	16	Edmonton Harriers	33.52m
			33.37m FOUL FOUL 32.90m FOUL 33.52m
2 Howlett, Kai	17	Edmonton Harriers	31.49m
			31.49m 30.36m 31.29m 30.36m 28.20m FOUL

Boys Javelin Throw 700g Youth

Name	Age	Team	Finals
1 Doherty, Sean	16	Unattached Alberta	39.27m
			38.00m 35.47m 36.45m 39.27m FOUL FOUL
2 Ford, Haeden	16	Edmonton Harriers	36.31m
			FOUL FOUL 36.31m FOUL FOUL FOUL

Men Discus Throw 1.75kg Junior

Name	Age	Team	Finals
1 Vanderhoek, Ian	19	Caltaf Athle	33.21m
			30.20m 28.82m 24.81m 27.85m 25.44m 33.21m

Men Javelin Throw 800g Junior

Name	Age	Team	Finals
1 Vanderhoek, Ian	19	Caltaf Athle	50.88m
			45.44m 46.06m FOUL 44.94m FOUL 50.88m

Men Shot Put 7.26kg Senior

Name	Age	Team	Finals
1 Stack, Tynan	20	Caltaf Athle	8.73m
			8.48m 8.27m 8.73m 8.08m 8.02m FOUL

Men Discus Throw 2kg Senior

Name	Age	Team	Finals
1 Stack, Tynan	20	Caltaf Athle	24.57m
			21.40m FOUL FOUL FOUL 24.57m FOUL

Men Javelin Throw 800g Senior

Name	Age	Team	Finals
1 Stack, Tynan	20	Caltaf Athle	41.81m
			41.77m 40.45m 41.81m FOUL FOUL FOUL
2 Larocque, Micheal	27	Unattached Alberta	34.75m
			30.22m 34.22m 34.75m FOUL FOUL FOUL

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Men Shot Put 7.26kg Masters 35-49

Name	Age	Team	Finals
1 Wilson, Kier	44	Unattached Alberta	9.06m
		FOUL 8.90m 9.06m 8.66m 8.88m FOUL	

Men Discus Throw 2kg Masters 35-49

Name	Age	Team	Finals
1 Parsons, Dan	48	Unattached Alberta	41.60m
		41.09m 41.50m FOUL FOUL 41.60m 40.81m	
2 Wilson, Kier	44	Unattached Alberta	28.40m
		FOUL 27.53m 27.86m 28.40m FOUL FOUL	

Men Javelin Throw 800g Masters 35-49

Name	Age	Team	Finals
1 Wilson, Kier	44	Unattached Alberta	40.25m
		39.67m 40.25m 39.59m 39.87m FOUL 38.40m	

Men Discus Throw 1kg Masters 60+

Name	Age	Team	Finals
1 La Bine, Chris	64	Unattached Alberta	23.53m
		21.22m 21.97m 22.65m 23.53m 22.84m 23.37m	
2 Roberts, Richard	73	Edmonton Masters	20.20m
		FOUL FOUL 18.92m 18.98m 18.20m 20.20m	

Men Shot Put 5kg Masters 60-69

Name	Age	Team	Finals
1 Butler, John	62	Unattached Alberta	7.38m
		7.07m 7.38m 7.13m 7.16m 7.03m 7.15m	
2 La Bine, Chris	64	Unattached Alberta	7.13m
		6.33m 7.13m 6.91m 6.61m 6.78m 6.70m	

Men Javelin Throw 600g Masters 60-69

Name	Age	Team	Finals
1 Butler, John	62	Unattached Alberta	27.30m
		FOUL 24.31m 27.20m 27.30m 26.73m FOUL	
2 La Bine, Chris	64	Unattached Alberta	24.00m
		23.27m 24.00m 23.50m 22.35m 23.62m 22.31m	

Men Shot Put 4kg Masters 70-79

Name	Age	Team	Finals
1 Roberts, Richard	73	Edmonton Masters	7.58m
		7.42m 7.58m FOUL 7.28m 7.35m 7.55m	

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Results - Saturday Field Events

Men Javelin Throw 500g Masters 70-79

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Name	Age Team			Finals		
=====						
1 Roberts, Richard	73	Edmonton Masters		19.19m		
18.37m	19.19m	18.66m	16.67m	18.40m	18.73m	

2015 Sherwood Park Throws Showcase PM Session - 6/13/2015

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Strathcona Athletic Park

Results - Saturday Field Events

Girls Javelin Throw 500g Midget

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Meet Record: ! 29.39m 6/13/2015 Jill Greig, Split City Sonic
Stadium: # 38.18m 7/21/2013 Paige Greig, Split City Soni
Name Age Team Finals
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Finals

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1 Greig, Jill 15 Split City Sonics 31.93m!
  28.15m 31.93m 25.87m 28.22m FOUL 27.69m
2 Leslie, MacKenna 14 Split City Sonics 22.77m
  20.07m 21.27m FOUL 20.43m 22.77m 22.16m
-- Singleton, Kate 15 MCS FOUL
  FOUL FOUL FOUL

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Girls Shot Put 3kg Youth

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Meet Record: ! 9.50m 6/13/2015 Julia McKimmon, Split City S
Stadium: # 12.64m 7/20/2013 Siri Svensson, Caltaf
Name Age Team Finals
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1 Zacharuk, Payton 16 U OF C Athle 8.88m
  8.39m 8.88m FOUL 6.66m 5.79m

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Girls Discus Throw 1kg Youth

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Meet Record: ! 42.15m 6/13/2015 Gabrielle Rains, Unattached
Stadium: # 55.84m 7/13/2014 Rachel Andres, Unattached AB
Name Age Team Finals
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1 Rains, Gabrielle 17 Unattached Alberta 46.07m!
  FOUL 44.62m 45.08m FOUL FOUL 46.07m
2 Svensson, Hanna 16 Caltaf Athle 30.17m
  FOUL 28.74m 28.16m 30.17m 29.55m 27.22m
3 Zacharuk, Payton 16 U OF C Athle 24.43m
  24.43m FOUL FOUL FOUL 23.19m 22.46m

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Girls Javelin Throw 500g Youth

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Meet Record: ! 28.88m 6/13/2015 Julia McKimmon, Split City S
Stadium: # 38.18m 7/21/2013 Paige Greig, Split City Soni
Name Age Team Finals
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1 McKimmon, Julia 17 Split City Sonics 32.77m!
  29.31m FOUL 32.77m 29.75m 23.98m FOUL
2 Zacharuk, Payton 16 U OF C Athle 18.48m
  FOUL 18.48m FOUL 16.40m 17.81m 16.65m

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Women Shot Put 4kg Junior

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Meet Record: ! 13.03m 6/13/2015 Jennifer Weber, Capital City
Stadium: # 13.65m 7/20/2013 Samantha Groenveld, UCAC
Name Age Team Finals
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1 Weber, Jennifer 19 Capital City 12.29m
  12.16m 11.31m 11.75m 12.29m 11.81m FOUL

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2015 Sherwood Park Throws Showcase PM Session - 6/13/2015**Hosted by Capital City Track Club****Strathcona Athletic Park****Results - Saturday Field Events****Women Discus Throw 1kg Junior**

Meet Record: ! 34.44m 6/13/2015 Siri Svensson, Caltaf						
Stadium: # 55.84m 7/13/2014 Rachel Andres, Unattached AB						
Name	Age	Team	Finals			
1 Svensson, Siri	19	Caltaf Athle	34.35m			
	33.36m	34.04m	34.35m	34.20m	34.04m	FOUL

Women Shot Put 4kg Senior

Meet Record: ! 9.68m 6/13/2015 Diane Campbell, Caltaf						
Stadium: # 13.65m 7/20/2013 Samantha Groenveld, UCAC						
Name	Age	Team	Finals			
1 Andres, Rachel	28	Unattached Alberta	13.56m!			
	12.14m	13.53m	FOUL	12.89m	13.14m	13.56m
2 Campbell, Diane	21	Caltaf Athle	9.75m!			
	8.96m	9.06m	8.85m	8.96m	8.99m	9.75m

Women Discus Throw 1kg Senior

Meet Record: ! 49.41m 6/13/2015 Rachel Andres, Unattached AB						
Stadium: # 55.84m 7/13/2014 Rachel Andres, Unattached AB						
Name	Age	Team	Finals			
1 Andres, Rachel	28	Unattached Alberta	52.05m!			
	51.51m	52.05m	48.44m	51.72m	51.17m	51.60m
2 Campbell, Diane	21	Caltaf Athle	32.03m			
	27.23m	29.61m	30.81m	32.01m	FOUL	32.03m

Women Javelin Throw 600g Senior

Meet Record: ! 33.90m 6/13/2015 Diane Campbell, Caltfa						
Stadium: # 55.05m 7/15/2012 Elizabeth S. Gleadle, Chinoo						
Name	Age	Team	Finals			
1 Springer, Jaimee	23	Split City Sonics	40.72m!			
	FOUL	40.27m	FOUL	FOUL	40.72m	FOUL
2 Campbell, Diane	21	Caltaf Athle	31.40m			
	30.82m	FOUL	30.79m	31.40m	29.44m	FOUL

Women Shot Put 4kg Masters 35-49

Meet Record: ! 6.63m 6/13/2015 Elizabeth Zacharuk, UCAC						
Stadium: # 13.65m 7/20/2013 Samantha Groenveld, UCAC						
Name	Age	Team	Finals			
1 Cranston, Cinnamon	45	Edmonton Masters	5.96m			
	5.68m	5.64m	5.70m	5.64m	5.96m	5.94m

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Women Javelin Throw 600g Masters 35-49

Meet Record: ! 15.10m 6/13/2015 Elizabeth Zacharuk, UCAC				
Stadium: # 55.05m 7/15/2012 Elizabeth S. Gleadle, Chinoo				
Name	Age	Team	Finals	
1 Cranston, Cinnamon	45	Edmonton Masters	9.95m	
	9.95m	9.58m	7.46m	8.96m FOUL FOUL

Women Shot Put 3kg Masters 50-59

Meet Record: ! 6.82m 6/13/2015 Lynn McCartney, Edmonton AB				
Name	Age	Team	Finals	
1 McCartney, Lynn	58	Edmonton Masters	6.03m	
	6.03m	5.83m	5.73m	5.87m 5.93m 5.90m

Women Javelin Throw 500g Masters 50-59

Meet Record: ! 12.51m 6/13/2015 Lynn McCartney, Edmonton Mas				
Stadium: # 38.18m 7/21/2013 Paige Greig, Split City Soni				
Name	Age	Team	Finals	
1 McCartney, Lynn	58	Edmonton Masters	14.10m!	
	9.63m	11.98m	10.67m	14.10m 13.23m 13.47m

Women Discus Throw 1kg Open

Name	Age	Team	Finals	
1 Andres, Rachel	28	Unattached Alberta	51.77m	
	51.04m	49.01m	51.77m	51.14m 51.49m 51.17m
2 Rains, Gabrielle	17	Unattached Alberta	46.34m	
	43.37m	44.11m	FOUL	44.93m 45.04m 46.34m
3 Zacharuk, Payton	16	U OF C Athle	26.86m	
	22.95m	26.86m	24.18m	FOUL 23.18m 22.20m

Boys Shot Put 5kg Youth

Meet Record: ! 11.90m 6/13/2015 Kai Howlett, Edmonton Harrie				
Stadium: # 14.94m 7/12/2014 Christopher Andrews, Unattac				
Name	Age	Team	Finals	
1 Howlett, Kai	17	Edmonton Harriers	10.93m	
	10.62m	10.68m	10.81m	FOUL 10.93m 10.29m

Boys Discus Throw 1.5kg Youth

Meet Record: ! 33.52m 6/13/2015 Haeden Ford, Edmonton Harrie				
Stadium: # 44.24m 7/11/2010 Pedro Diaz-Dallos, UCAC				
Name	Age	Team	Finals	
1 Howlett, Kai	17	Edmonton Harriers	27.69m	
	26.81m	FOUL	27.69m	25.63m FOUL FOUL

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Men Shot Put 6kg Junior

=====				
Stadium: # 15.46m	7/10/2010	Steven Link, UCAC		
Name	Age	Team	Finals	
=====				
1 Szczotka, Alexander	19	Capital City	12.08m	
11.78m	FOUL	12.08m	FOUL	11.98m 11.86m

Men Discus Throw 1.75kg Junior

=====				
Meet Record: ! 33.21m	6/13/2015	Ian Vanderhoek, Caltaf		
Stadium: # 45.10m	7/11/2010	Steven Link, UCAC		
Name	Age	Team	Finals	
=====				
1 Szczotka, Alexander	19	Capital City	30.73m	
FOUL	28.93m	FOUL	FOUL	30.73m 28.44m
2 Vanderhoek, Ian	19	Caltaf Athle	28.23m	
FOUL	FOUL	24.93m	28.23m	FOUL FOUL

Men Javelin Throw 800g Junior

=====				
Meet Record: ! 50.88m	6/13/2015	Ian Vanderhoek, Caltaf		
Stadium: # 71.50m	8/9/2007	Moss, Curtis, Team BC		
Name	Age	Team	Finals	
=====				
1 Vanderhoek, Ian	19	Caltaf Athle	54.65m!	
48.08m	46.71m	49.47m	54.04m	54.65m 48.43m

Men Shot Put 7.26kg Senior

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Meet Record: ! 8.73m	6/13/2015	Tynan Stack, Caltaf		
Stadium: # 15.02m	8/8/2007	Greif, Justin, Team Saskatch		
Name	Age	Team	Finals	
=====				
1 Stack, Tynan	20	Caltaf Athle	9.64m!	
8.55m	9.64m	FOUL		

Men Discus Throw 2kg Senior

=====				
Meet Record: ! 24.57m	6/13/2015	Tynan Stack, Caltaf		
Stadium: # 46.71m	8/10/2007	Sedor, Matt, Team Manitoba		
Name	Age	Team	Finals	
=====				
1 Stack, Tynan	20	Caltaf Athle	25.24m!	
25.24m	FOUL	FOUL	FOUL	FOUL FOUL

Men Javelin Throw 800g Senior

=====				
Meet Record: ! 41.81m	6/13/2015	Tynan Stack, Caltaf		
Stadium: # 71.50m	8/9/2007	Moss, Curtis, Team BC		
Name	Age	Team	Finals	
=====				
1 Stack, Tynan	20	Caltaf Athle	44.36m!	
44.36m	44.14m	43.38m	38.51m	FOUL
2 Larocque, Micheal	27	Unattached Alberta	34.34m	
FOUL	FOUL	FOUL	FOUL	34.34m FOUL

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Men Shot Put 7.26kg Masters 35-49

Meet Record: ! 9.06m 6/13/2015 Kier Wilson, Unattached AB					
Stadium: # 15.02m 8/8/2007 Greif, Justin, Team Saskatch					
Name	Age	Team	Finals		
1 Wilson, Kier	44	Unattached Alberta	9.32m!		
	8.56m	9.17m	8.93m	8.69m	8.76m 9.32m

Men Discus Throw 2kg Masters 35-49

Meet Record: ! 41.60m 6/13/2015 Dan Parsons, Unattached AB					
Stadium: # 46.71m 8/10/2007 Sedor, Matt, Team Manitoba					
Name	Age	Team	Finals		
1 Parsons, Dan	48	Unattached Alberta	43.15m!		
	41.89m	43.15m	FOUL	41.79m	40.99m FOUL
2 Wilson, Kier	44	Unattached Alberta	26.98m		
	FOUL	FOUL	FOUL	26.98m	25.43m FOUL

Men Javelin Throw 800g Masters 35-49

Meet Record: ! 40.25m 6/13/2015 Kier Wilson, Unattached AB					
Stadium: # 71.50m 8/9/2007 Moss, Curtis, Team BC					
Name	Age	Team	Finals		
1 Wilson, Kier	44	Unattached Alberta	37.13m		
	37.13m	36.62m	FOUL	FOUL	33.96m FOUL

Men Discus Throw 1kg Masters 60+

Meet Record: ! 23.53m 6/13/2015 Chris La Bine, Unattached AB					
Stadium: # 44.27m 7/12/2014 Michael Deady, Unattached AB					
Name	Age	Team	Finals		
1 La Bine, Chris	64	Unattached Alberta	28.20m!		
	21.27m	22.24m	28.20m	23.12m	21.77m 20.62m
2 Roberts, Richard	73	Edmonton Masters	21.36m		
	21.36m	17.29m	FOUL	19.69m	FOUL FOUL

Men Shot Put 5kg Masters 60-69

Meet Record: ! 7.38m 6/13/2015 John Butler, Unattached AB					
Name	Age	Team	Finals		
1 La Bine, Chris	64	Unattached Alberta	7.46m!		
	6.84m	6.96m	6.30m	6.87m	7.46m 6.98m

Men Javelin Throw 600g Masters 60-69

Meet Record: ! 27.30m 6/13/2015 John Butler, Unattached AB					
Name	Age	Team	Finals		
1 La Bine, Chris	64	Unattached Alberta	23.81m		
	22.96m	22.77m	22.43m	19.04m	23.81m 22.29m

2015 Sherwood Park Throws Showcase PM Session - 6/13/2015

Hosted by Capital City Track Club

Strathcona Athletic Park

Results - Saturday Field Events

Men Shot Put 4kg Masters 70-79

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Meet Record: ! 7.58m 6/13/2015 Richard Roberts, Edmonton Mas
Name Age Team Finals
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1 Roberts, Richard 73 Edmonton Masters 8.28m!
7.76m 7.46m 7.28m 8.06m 8.28m FOUL

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Men Javelin Throw 500g Masters 70-79

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Meet Record: ! 19.19m 6/13/2015 Richard Roberts, Edmonton Ma
Name Age Team Finals
=====
1 Roberts, Richard 73 Edmonton Masters 17.02m
16.56m 13.85m 16.82m 17.02m 15.01m 17.02m

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